

Discover

On the 8th of March Braemar House hosted an important High Tea to celebrate International Women's Day.

We enjoyed beautiful poems while Mrs Una Raymond – a Resident of our facility – asked her daughter to share stories with us about her inspirational mother.

Finally we enjoyed bit of reminiscence about 'what mum used to say to her daughters'.

Later that month we enjoyed a big celebration for St Patrick's Day. This included a special lunch featuring green ice cream, quizzes, Irish Proverbs and a wonderful concert with organ music provided from our Resident Mrs Joyce Hickson.



Latest News

We enjoyed a special service for Easter celebration with our Chaplain Paul Bloomfield. Hosted on Thursday 29th of March at 2.30pm, Livingstone room the service was well attended.

Braemar House will host a service for ANZAC DAY on Tuesday 24th of April at 2.30pm. All are welcome.



What's On at Braemar House

| Day | Date | Time: | Location: | Activity |
|-----------|----------|----------|------------------|--|
| Thursday | 29/3/18 | 2.30 pm | Livingstone room | Easter Service |
| Tuesday | 3/4/18 | 2.00 pm | Livingstone room | Balance class: Stay in on your feet |
| Thursday | 5/0418 | 11.30 am | Livingstone room | Men's club: Barbecue and Darts |
| Wednesday | 11/04/18 | 2.30 pm | Outside | Walking Program: Walking outside the facility |
| Wednesday | 18/04/18 | 1.30 pm | Livingstone room | Outing: Bus Trip |
| Wednesday | 18/04/18 | 10.30 am | Livingstone room | Relative and Residents Meeting |
| Thursday | 19/04/18 | 2.30 pm | Livingstone room | Concert: Enjoy a musical concert |
| Tuesday | 24/04/18 | 11:00 am | Livingstone room | Reflection: ANZAC Day |
| Thursday | 26/04/18 | 2:00 pm | Livingstone room | Concert: Harp Music |
| Monday | 30/04/18 | 2.00 pm | Livingstone room | Birthdays: Celebration April |

Save the date!

On Wednesday 9th of May 2018 at 12:30-2:30pm we will be hosting a Flu Vaccine day for all Braemar staff, volunteers and resident family members at Braemar. Look out for posters and signup sheets at Braemar House this April. Tasty Crepes will be served by our CEO for everyone who attends!



Braemar Team Member Profile

Bernadette Samura

Bernadette has worked overseas as a midwife, community health nurse and acute care nurse. She gained valuable experience in the aged care industry through working in various positions and built clinical expertise over the years as a clinical nurse and in the clinical management field.

Bernadette has conducted a successful research study in clinical education and clinical experiences of student nurses, and led various aged care teams through successful Accreditation periods.

Recently Bernadette was endorsed as an Eden Associate in the aged care industry.



Easter in Focus

At Braemar Presbyterian Care's Aged Care Facilities, Easter was acknowledged in a series of spiritual events that aimed to share the true message of this important Christian celebration.

Easter celebrations commenced on Maundy Thursday, with events designed to allow residents to share Easter services and enjoy reflecting on the meaning of Easter with each other.

"This Holy Week, the last week of Jesus' earthly service to humanity, is essential to Christianity," comments Wayne Belcher (OAM), CEO of Braemar Presbyterian Care.

"Church is not just about preaching and singing. It is about Jesus' love in action. It is about adding value and hope to the life of others, one person at a time. One very tangible way in which the Presbyterian Church in WA shows that love is through its ownership and management of Braemar."

Braemar has been offering aged care services to the elderly of Western Australia since 1952. Backed by the Presbyterian Church, today the organisation operates aged care facilities in the City of Melville and East Fremantle areas, south of Perth.

Braemar's care and friendship philosophy supports the bonds that exist between residents, their families and Braemar staff.

During Christian holidays such as Easter, people of all faiths are welcome to come together and share an event that is extremely important to many of the elderly residents living at Braemar.

Braemar's chaplain Paul Bloomfield was at each facility over the Easter period to conduct services, while each facility held a series of Easter-themed activities as part of an ongoing resident enrichment program, and in response to resident suggestions.

Chaplains Message

A time of hope

Jesus said to her, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live. And whoever lives and believes in Me shall never die. (John 11:25-26)

Statistics are telling us that people in the west are becoming more lonely and depressed. It is not necessarily due to poor education, low economy and high employment but a deeper spiritual problem. Atheism, agnosticism are also on the increase along with suicide, alcoholism and drug addiction. Easter offers hope and a new life not in a religion but in a Person who defeated death and claimed: "I am the resurrection and the life. " The disciples, along with Mary were very depressed at the Lord's death on the cross but on meeting Him again after three days their hearts were full of joy and hope. His death was no accident but a deliberate loving action to die for the sins of His people that they might be forgiven.

May this Easter Season cause us to look to Jesus the living risen Saviour who defeated death and receive from Him new life and hope?

A Gospel Song declares: Because He lives, I can face tomorrow, Because He lives, all fear is gone Because I know He holds the future And life is worth the living, just because He lives.

Resident in Focus – Pat Treby

Pat is a bright and funny lady, who loved to swim and dive. Her family often come and visit her, which she enjoys. She is a part of a big and loving family; 2 sisters, 2 children and 4 grandchildren, who are all close to her heart.

Pat has quite of an impressive career story. She spent her time in Kalgoorlie before getting married and moving to Perth. Kalgoorlie opened its first State Olympic Pool in 1938 and it was the start of Pat's successful career as a diver.

Pat has always been a water baby, learning to swim at a young age at the Victoria Park pool in Kalgoorlie. After two years of regularly and actively going to the Olympic Pool, she took up diving and self-taught herself by challenging her own abilities in performing acrobatic in the air.

Pat's hard-work and dedication over the years have earned her some merits including; winning the State women's high-board diving title when she was just 16, a 16-consecutive winning champion in diving, not to mention winning several springboard titles as well, and making it to the Goldfields Sporting Hall of Fame in 2005. Apart from her athletic career, she was also the monitor for the Kalgoorlie Telephone Exchange for 18 years, working together with her twin sister.

Despite of her successes, Pat remains to be a humble and a grateful lady who appreciates the support of her family, especially her twin sister, Joy.

