

## Discover

We started 2017 by connecting with the neighbours in our community. We had a great response from the Little People Day Centre and we are now eagerly anticipating their third visit to Braemar House in January.

Our residents got very involved in this activity and the little children seemed to be more confident in our facility. From the last visit in December they took our Braemar doll, Nancy for a long holiday in their care.

The kids will look after Nancy for the summer holidays and then they are going to tell us what places Nancy has the opportunity to visit.

The children were very enthusiastic about it and we are waiting to see wonderful holidays Nancy has or maybe she still needs more time in The Little People Day Care Centre.



## Latest News

In December, we were very pleased to have plenty of Christmas music around our facility.

On Tuesday 12<sup>th</sup> of December our volunteer Natalia, her dog Sammy and hers kids gave a nice afternoon concert with guitar and flute.

One week later, on Tuesday 19<sup>th</sup> we had Paul our chaplain with his guitar and a volunteer who sang, both gave us a nice afternoon of Christmas carols.

On Wednesday 20<sup>th</sup> residents from Braemar House celebrated Christmas with an Afternoon Tea and Christmas concert.

Residents and staff had a wonderful afternoon singing along the classic music for the season.

Joyce Hickson one of our residents played the organ and prepared a nice concert which everyone enjoyed.



# What's On at Braemar House

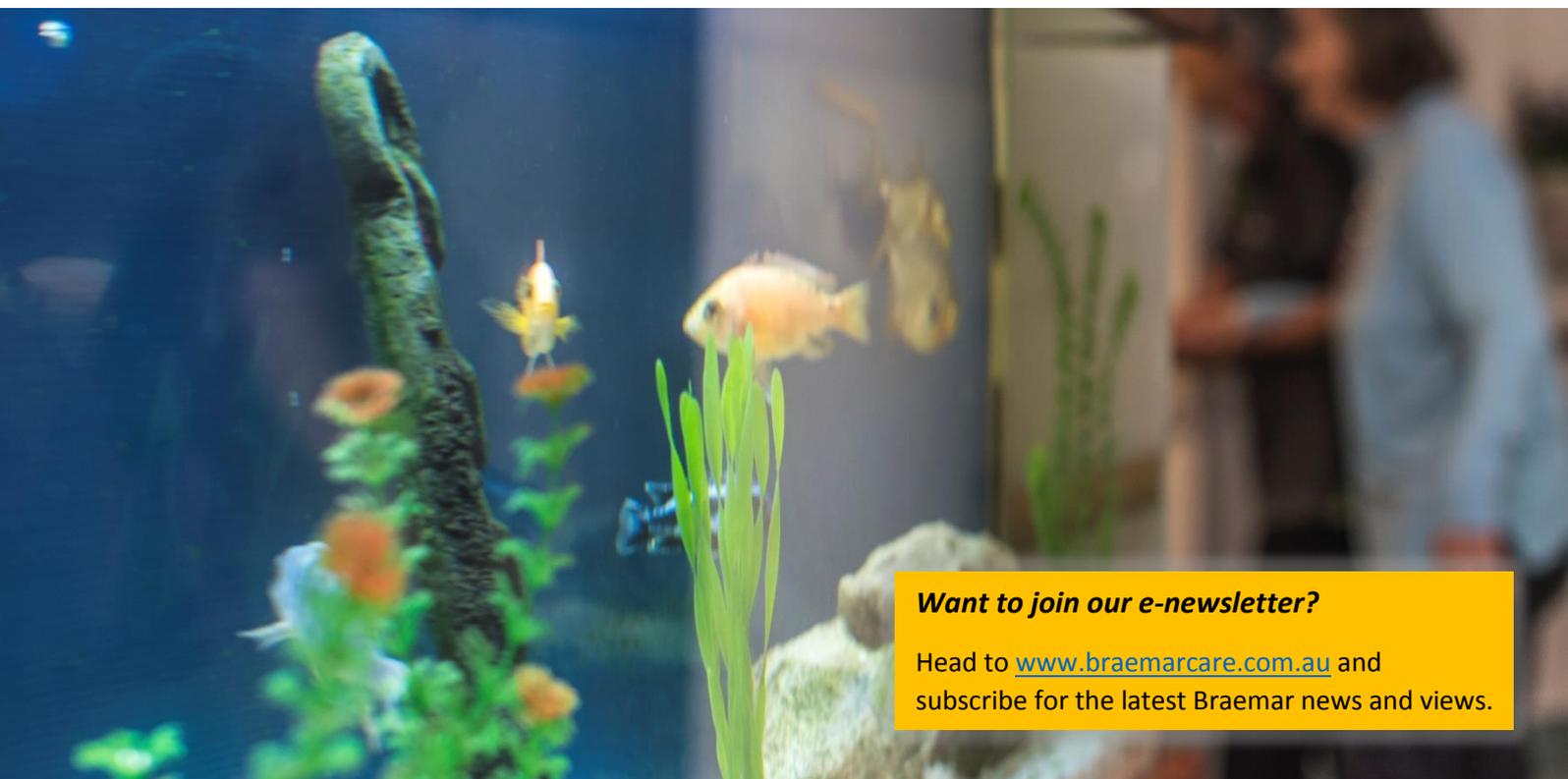
Day	Date	Time:	Location:	Activity
Tuesday	2/1/18	2.00 PM	Livingstone room	Afternoon tea residents and staff "Welcome 2018"
Wed	17/1/18	09.30am	Livingstone room	Residents/relatives meeting
Wed	17/1/18	1.30 pm	Bus Trip	Bus trip to Cottesloe Beach
Thursdays	18/1/18	2.00 pm	Livingstone room	Community Visitor "Little People Day Centre"
Wed	24/1/18	11.30 am	Livingstone room	AUSTRALIA DAY CELEBRATION Barbecue for staff and residents
Wed	24/1/18	2.30 pm	Livingstone room	AUSTRALIA DAY CELEBRATION Concert "Leslie Hinton"
Wed	31/1/18	2.00 pm	Livingstone room	Birthday Celebration January

## More news from Braemar House

On Thursday 21<sup>st</sup> Lee house residents had an Christmas Afternoon tea as well to celebrate Christmas. It was held in Lee House garden, we had nice food and Santa gave every resident a small present.

The following Thursday we had a social afternoon and we watched the best photos of 2017 with many memories and emotions together. We had a look at all the activities, new residents, new staff, new activities and volunteers in the year.

Also we took some time to remember the ones who passed away and were part of our community. It was a nice opportunity to thank all our residents for being part of our programs and encourage them to be active members in our wonderful Braemar community.



***Want to join our e-newsletter?***

Head to [www.braemarcare.com.au](http://www.braemarcare.com.au) and subscribe for the latest Braemar news and views.

# Staff Profile

## Paul Bloomfield – Chaplain

Paul is our chaplain and hosts regular hymn services, singing activities and biblical enrichment at each of our facilities. Paul was born in a quaint English Village in Northamptonshire England. He trained for Hotel Management Ramsgate Kent before training at St Charles Hospital Ladbroke Grove London. Paul qualified as RN in 1970 and immigrated to Australia in 1974.

Once in Australia, Paul worked with indigenous people in Derby before training for Christian Ministry.

He was ordained with Westminster Presbyterian Church in 1991 and Pastored four Churches before becoming Chaplain of Braemar Presbyterian Care in 2004.

Paul lives with his wife Dawn in Cooloongup, with their cat Willow. He enjoys travel, gardening, carpentry reading, preaching, teaching the Bible, writing songs and poetry and plays guitar and ukulele.



## Word Finder

ANDROMEDA

AURORA

AUSTRALIA

BERNADETTE

BRAEMAR

CARE

CENTURY

COOINDA

ELEMENTS

ENJOYMENT

EQUINOX

FEBRUARY

FREMANTLE

GALAXY

HOLIDAYS

HOUSE

JANUARY

LIFESTYLE

MELVILLE

ORIANA

PERTH

PRESBYTERIAN

SOLSTICE

Y R A U R B E F P E C T J Z A

E L E M E N T S R B Q N A H U

O O E L T N A M E R F E N S R

R E N L X D E R S B G M U Y O

I H H I N L N Y B O U Y A A R

A K K I V A X R Y A N O R D A

N I O I D A A V T N I J Y I E

A O L E L E C E E D V N R L G

C L T A M A C S R R E E Y O A

E T G A R I H U I O R T R H L

E B R E T T I O A M S G U P L

W Q O S S I S H N E E E T E I

R N L V I R I U F D W V N R V

X O N I U Q E I A A L P E T T

S E N M I L L E N I U M C H H

# Chaplains Message

## Don't Be Anxious

*Be anxious for nothing but in everything by prayer and supplication with thanksgiving let your requests be made known to God Philippians 4:6.*

Although we are well into a New Year it would be well worth evaluating the many concerns we worried about in 2017 and how many eventuated. We are all too familiar with the knotted stomach, the annoying headache, even insomnia and anorexia that comes from an anxious heart.

There is no doubt that there will be genuine concerns regarding family, finance and health but many of our worries are perpetuated by self-talk. We can well convince ourselves of a gloomy outcome for the day even before we get out of bed! Let's start talking to God this year. Come to Him seeking forgiveness, for little faith, with a thankful heart for the many blessings enjoyed, and asking for courage and guidance for the day.

Claim the promises the Apostle Paul gives to us when we stop talking to ourselves and commence communicating with the Almighty

*...and the peace of God which surpasses all understanding will guard your hearts and minds through Christ Jesus Philippians 4:7*

## Resident in Focus

One of our residents at Braemar House, Kevin Ashby, was born on the 10th of September 1930. He was born and raised in Western Australia, and lived in Thornlie. Kevin enjoys pop music, such as Elvis, and has had a very interesting and eventful life.

His father worked at a Midland workshop, and his mother was a housewife.

He was the middle child and had one older sister named Gloria, and one younger sister named Glenice. Kevin lived in Thornlie, and met his wife in Australia. His wife was from the Philippines, and Kevin's most special memorable events were meeting and marrying his wife.

Kevin has one son named Layton, who is currently completing his high school education. Kevin was a qualified pharmacist, and at one point in time, owned a pharmacy franchise.

Apart from working, Kevin enjoyed teaching ballroom dancing. Kevin used to breed and show Siamese cats at breeding competitions, and also used to breed toy, standard and miniature poodles. Kevin was a middle weight boxer and went undefeated for 5 years.

Kevin was also quite musical, as he used to play religious music with the trombone and trumpet at the Salvation Army. Kevin enjoyed sports when he was a child and has always been an active person.

Kevin is a well natured friendly man who makes friends very easily.

