

Discover

Age no barrier to friendship at Braemar Village

Age is proving no barrier for the friendships blooming at Braemar Village's aged care facility in Willagee, thanks to a new partnership with a local childcare centre.

Residents at the not-for-profit home have been striking up friendships with youngsters from the Birra-Li Child Care centre next door, as part of an inter-generational partnership, which aims to encourage companionship and connections between young and old.

Lyn Cattell, Facility Manager of Braemar Village, said the benefits of the partnership extended both ways, with the children and residents involved genuinely enjoying their time together and forming strong bonds.

"We're delighted by how well our intergenerational partnership has been received by both the residents and children alike," she said.

"Seniors benefit from interacting with younger people, particularly the little ones. It helps them to feel young themselves and reminds them of their own childhood, as well as enabling them to share stories and showcase their special hobbies, talents, and life lessons.

"Some of our residents may not receive that many visitors, because perhaps their children live overseas or are working. Our partnership with Birra-Li Child Care is one way in which can reduce loneliness or isolation, while giving residents something to really look forward to."

Braemar Presbyterian Care has been offering Care and Friendship since 1952. With over 200 people in their care, Braemar's expertise includes aged care services specialising in Dementia Care, Palliative Care, Emotional Support and Spiritual Care. Each Braemar location has an active resident enrichment program.



What's on this July at Braemar Village?

Day	Date	Time –	Location:	Activity Name and a brief description:
Mon	2 nd	9.30am	external	Bus trip – enjoy an enriching bus tour.
Wed	4 th	2pm	Activities lounge	Flu Vaccine for staff, family and volunteers – residents are invited to join in the free crepes, coffee and soft serve ice cream.
Thurs	12 th and 26 th	1.30pm	Activities Lounge	Musical entertainment – Relax in the lounge and enjoy musical entertainment.
Tues	10 th	1.30pm	Activities Lounge	Residents and relatives meeting.
Tues	17 th , 24 th and 31 st	12noon	Activities Lounge	Women's Social Lunch – come along for a social luncheon with your fellow residents.
Tues	3 rd , 7 th , 24 th and 31 st	1.30pm	Tea Tree Lounge	Men's Afternoon Bingo – Join the activates team for an informal chat and Bingo!
Fri	27 th	1.30pm	Activities Lounge	Bocce – Join the Scotch School Children who will be on hand to help with a game of Bocce.
Mon-Fri	2 nd and 6 th	Various	Activities Lounge	Naidoc Week - A special lunch, quiz's and discussion on Indigenous culture all week. Finishing with a speaker on Indigenous history.

Exciting events coming up this July...

This July, Braemar Village residents will have an opportunity to partake in activities as part of NAIDOC week.

This will include a special luncheon, as well as discussions on indigenous culture throughout the week.

The week will culminate with a special guest lecturer who will speak on Indigenous history forming part of Braemar's resident enrichment program.

Come alone to be part of the events.

Last month in pictures...



Above: Anne White reads her Autobiography to the Reading Group. **Below:** All set up for Italian Day!



Chemicals Reminder:

The safety of all of our residents is of the utmost importance to us. As such, please refrain from bringing outside cleaning chemicals into Braemar facilities.

If you require cleaning assistance for your room (or your family member's room) please bring this attention to a member of staff. Our team are always happy to help.

Winter Word Finder...

H T G A R D E N I N G R I C P C T V M Q
H E C I T S L O S D H C E J M O N O A N
V M D I R R N C F F C L J T H L A I G E
B P S I W A L N S L E L E A A D L V A F
Q E S R S O M U A B C A R E J W P Y Z J
S R S T U C N E R E T T E L S W E N I R
K A P D I S O A A G H L K E A A U E N E
Y T S R H E T V N R A B D N R I W F E H
L U W I E I H I E G B M O O N G R Y P T
E R N I O S D N U R N N C H H R I U H A
A E P N N A B V E R R I U P Y O K V I E
V E P E E T R Y E R U A C E L S I U S W
E C E R J X E P T J H R Y L E M Q M S N
S R W B K U A R G E L A F E H Z M Q U P
G L Q K C P L H D D R P F T N A L P X J
S I M J S P E Y P K P I E B U I O K U M
S I B W U T Q D Z N B H A P I E R L Z Y
H Y E T A L Y T N G J K R N V T K V H X
L N E Z E E R B E I Y A A X N Z G E B S
B W B Y G Z T U F C W Y Y N W U D B F Y

AIR
CARE
CLOUDS
FAHRENHEIT
GREEN
MAGAZINE
NEWSPAPER
PRESBYTERIAN
SKY

BRAEMAR
CELEBRATION
COLD
WEATHER
JULY
MOON
PLAN
RAIN
SOLSTICE

BREEZE
CELSIUS
DISCOVER
GARDENING
LEAVES
NEWSLETTER
PLANT
TEMPERATURE
SUNSHINE

Word finder designed on Discovery Puzzle Maker