

Discover

Braemar House receives High Commendation!

Braemar House in East Fremantle has received a high commendation for its dementia inclusiveness and friendship program.

Awarded at the ACSA Aged Care awards on Friday 13 July, the accolade acknowledges the work undertaken at the facility's specialist care service – called Lee House – designed for residents with high level dementia care needs.

The highly commended program, called the Lee House Family Tree, sees residents create a 'facility family tree', displaying photos and a brief story about who they are, to share with fellow residents from Braemar House.

Residents from Braemar House are then invited to choose a pen pal from the family tree.

Residents then write to their new pen-friends, and establish informal meet and greet sessions, such as morning tea, where they will be able to mingle and interact with their new friends.

Wayne Belcher (OAM), Chief Executive Officer of Braemar, said the aim was to encourage inclusion and friendship, and was the result of resident feedback.

"We want to help create bonds and relationships between those in the more secure part of the facility and those who are not affected by dementia; resulting in a better environment for everyone and reducing the stigma associated with dementia," Mr Belcher said.

"Our focus at Braemar is to provide relationship centred care. This philosophy ensures that resident's needs and wants are at the forefront of each activity undertaken across our facilities. When residents said they wanted to better understand and interact with their neighbours at Braemar House, our team worked closely with the residents to establish an engaging program to facilitate this request."

Congratulations to the team at Braemar House.



What's on this August at Braemar House:

Day	Date	Time	Location	Activity
Tuesday	07/8/18	11.30 am	Dining room	Barbecue Men's club – Knitting Club
Wednesday	8/8/18	11.00 am	Gill Lounge	Dental Day – quiz and facts
Friday	10/8/18	2.30 pm	Livingstone room	Sing Along with our volunteers Santos and family
Wednesday	15/8/18	10.30 am	Livingstone room	Relative and Family meeting
Wednesday	15/8/18	1.30 pm	Livingstone room	Bus outing
Monday	20/8/18	2.30 pm	Gill Lounge	Sing Along with Paul
Tuesday	21/8/18	2.30 pm	Livingstone room	Concert with Darryn's Music Sessions.
Thursday	23/8/18	2.00 pm	Livingstone room	Birthday Party August Celebration
Wednesday	29/8/18	2.30 pm	Livingstone room	Father's Day Celebration.

Exciting events at Braemar House:

July was a winter month with many rain days where we keep our residents busy and safe.

The Soccer World Cup gave us all a lot to watch and talk about with many discussions about the teams, countries and progress of the event. Our Men's Club had a busy time creating Key Hangers, while our art and craft group made beautiful book marks for residents who enjoy reading.

The theme for July was British Day, with quizzes, movies and wonderful British food available throughout the month. Residents also enjoyed our first Italian Women's Choir performance, which was greatly enjoyed by all.

Parking at Braemar House:

We have parking facilities in various areas surrounding Braemar House and request all visitors to please observe signage such as ACROD parking and Ambulance and Emergency Services bays.

To help reduce congestion at the facility, we have reserved one additional bay for use of residents and families with ACROD requirements.

Visitors requiring access to a mobility friendly parking spot please visit reception to request directions and access to the bay.

Alternatively, please call us in advance on 08 6279 3636 to request access to a mobility friendly bay.

July 2018 in pictures



Images: Residents enjoy the Italian Choir Performance.



Chemicals Reminder:

The safety of all of our residents is of the utmost importance to us. As such, please refrain from bringing outside cleaning chemicals into Braemar facilities.

If you require cleaning assistance for your room (or your family member's room) please bring this attention to a member of staff or your facility manager. We will arrange this for you.

As always, our team are happy to help.

Resident Profile – Say hello to John!

John Hogan was born in Glenloch, Victoria, 1941. Growing up John also lived in Bendigo and Wycheproof. John never married or had children.

In 1969 when John was 28 years old, he caught pneumonia.

When he recovered he then moved to Sydney on a working holiday for 4 years where he was working as an electrical contractor.

He then moved to Whyalla and Bendigo working for BHP and later a company that preserved fruit.

John then moved to Brisbane for 9 months where he was working for a cardboard factory as a Machinist.

In 1974, being a 'bit fed up with the wet weather in SA and humidity in QLD' and having a sense of adventure, John decided to pack up and have a fresh start in Perth.

So he got a job transfer from Brisbane to Perth as a Machinist. John also got a job in a Tannery where he worked for a number of years until it shut down.

John has travelled around Australia and has seen a lot of the country.

He loved the Gold Coast and he went and holidayed there twice a year for a number of years.

John loves Australian Football and is still very involved in Football today. He is a foundation member of the West Coast Eagles and a Harbour Master for the Fremantle Dockers.

John loves to garden and liked to grow plants that he could eat.

