

Discover Memory Support Service

A new dementia care service has been launched this week by Braemar at its Braemar Village residential facility in Willagee, with the facility joining Braemar House and Braemar Coinda in providing a dedicated secure area for residents requiring memory support and dementia care.

The new service includes 26 rooms, with an array of features such as internal gardens, a dining area and communal lounges. It will aid in the availability of secure specialist care services for residents with dementia and other cognitive conditions in the City of Melville.

Chief Executive Officer of Braemar Presbyterian Care, Wayne Belcher, says these dementia-specific services will meet the rising care needs of the local region, and reflect Braemar's commitment to the local community.

"Braemar is committed to the seniors of the City of Melville. The establishment of this new service will not only meet the rising care needs of the community, but will also enable those residents to enjoy the high quality care and friendship that Braemar Village is known for," he says.

Braemar has engaged leading Perth Dementia Consultant Michelle Harris-Allsop of Care Partnerships Australia to ensure the memory support environment at Braemar Village is of the highest standard, taking resident's needs and wants into account.

Ms Harris-Allsop says that every dementia experience is different, and common misconceptions of the condition can lead to negative stigma and a misunderstanding of the needs and wants of those with memory support needs.

"The guiding principle of the work at Braemar Village is to help the facility establish an environment that is enabling and supportive of the residents to maximise their quality of life," comments Ms. Harris-Allsop.

"We have built up a substantial amount of knowledge about the significance of the environmental design and the psychosocial, spiritual and emotional aspects that are best suited to people who live with a cognitive disability such as dementia, which is being taken into account at Braemar."



What's on this August at Braemar Village?

Day	Date	Time	Location	Activity:
Mon	6th	9.30am	external	Bus trip
Tues	7th	12noon	Activity lounge	Men's lunch
Wed	Each Wednesday	All day 9-5pm	Within facility	Animal Visit: 'Nico' Yorkshire puppy visiting the Village weekly every Wednesday ,giving special cuddles and having plenty of rides on residents knees as they are escorted to activities .
Tues	Each Tuesday	2pm	Throughout the facility	Food Service: We have created an ice cream cart which will travel around the facility offering ice cream to all.
Thurs	Each Thursday	10am onwards	Wattle villa	Café Group: Our café group are gathering in the Wattle villa while the weather is not permitting us to walk to the café, family are welcome to come and socialise with their family member and other residents.
Tues	28th	2pm	Activity lounge	Enrichment: We have organised another Winter Waltz with Adam Penn and his wife entertaining us with dancing and music. Come dressed in your best and your dancing shoes on.

Exciting events coming up this August

We have restarted up our knitting group with great results, new knitters that haven't knitted for years or residents that thought they couldn't knit because of stiffness in their hands are enjoying a new love of knitting.

Lesley, our lady from Red Cross, is working as a volunteer giving residents nail manicures and hand massages.

The men enjoyed a meal together which our new chef Mark from Cater Care made. There was lots of chatter with 10 male residents and 3 male volunteers attended.

Chemicals Reminder:

The safety of all of our residents is of the utmost importance to us. As such, please refrain from bringing outside cleaning chemicals into Braemar facilities.

If you require cleaning assistance for your room (or your family member's room) please bring this attention to a member of staff. Our team are always happy to help.

Last month in pictures...

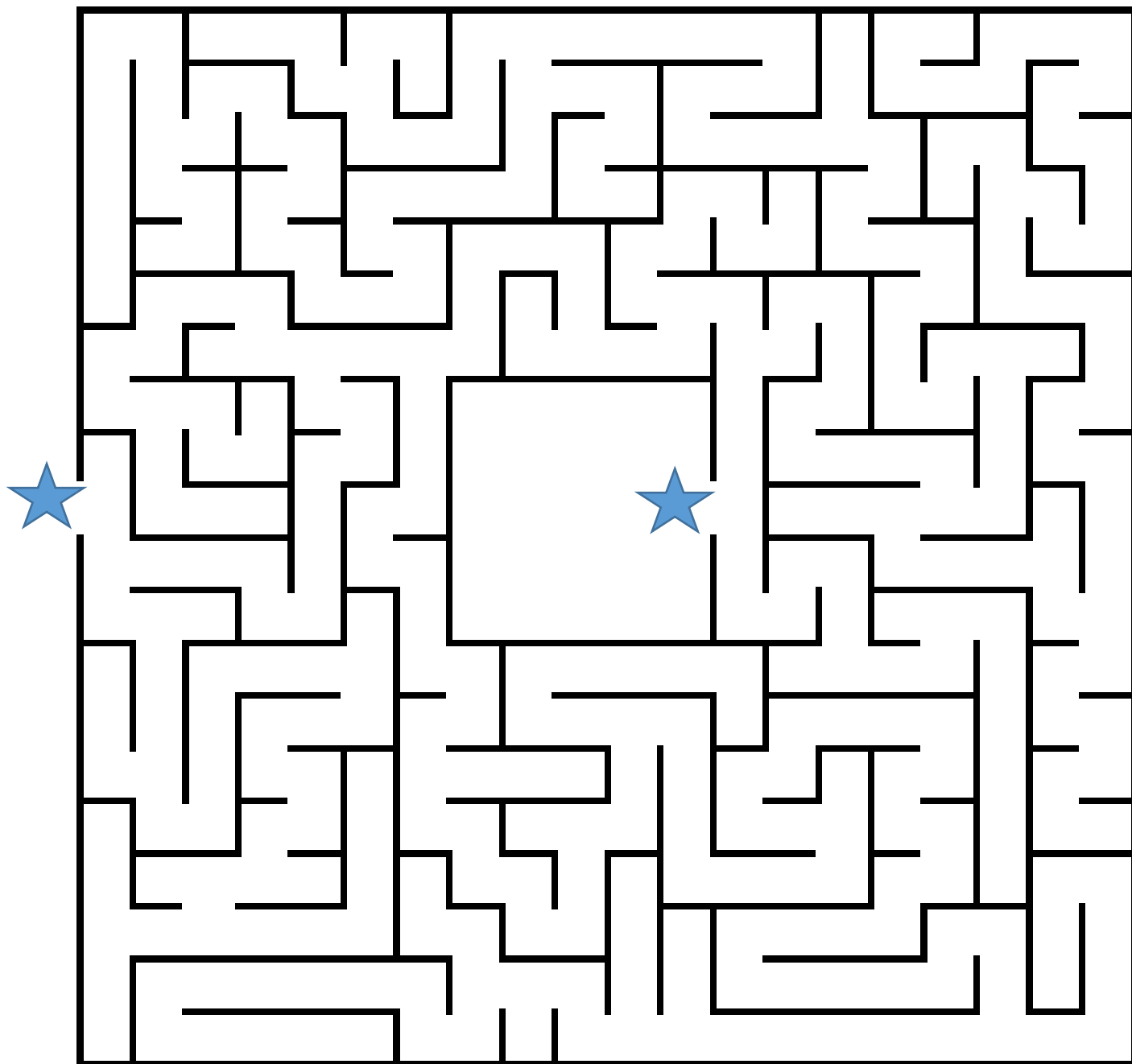


Above: Resident Knitting Club. **Below:** Lesley giving residents a hand massage.



Winter Maze Puzzle!

Try and get from one star to the other without getting stuck!



Maze puzzle designed on Discovery Puzzle Maker

Hint: Try using a pencil if you think you may need to start again!