

Discover

In September, Braemar Cooinda enjoyed a ballroom dancing show performed by the grandson of one of our residents.

James and Bella performed four different dances for the residents of Braemar Cooinda on the 28th of September.

Residents enjoyed listening to a variety of different songs and watching the different dances, many remembering their own ballroom dancing days.



Above: James with his proud grandparents after the performance at Braemar Cooinda.

What's on at Braemar Cooida

Day	Date	Time:	Location:	Activity
Tuesday	2 nd	11.00 - 11.30	Level 1 Activity Lounge	Live entertainment: Evangel Singers.
Friday	5 th	2.30 - 3.30	Level 1 Activity Lounge	Birthday Celebration: Enjoy music from the CWA Choir and a Birthday Celebration.
Friday	19 th	2.00-3.00	Level 1 Activity Lounge	Live entertainment: Afternoon entertainment with Cedric.
Tuesday	23 th	2.00	Level 2 Multipurpose Room	Residents and Relatives Meeting
Friday	26 th	2.00	Level 1 Activity Lounge	Happy Hour
Wednesday	31 st	All Day	All Locations	Theme Day: Wild West theme day

Focus on: Braemar Values

As a faith based organisation backed by the Presbyterian Church, our values are at the heart of everything we do.

Our purpose, mission and vision are detailed below. For more details, feel free to contact any member of staff or speak to our Chaplain Paul Bloomfield.

Our Mission Statement: *“Build the power of care, friendship, hope and love.”*

Our Vision Statement: *“By the grace of God, we offer every person a dignified life by providing the highest quality services and facilities to our clients, their families and the community”*

Our Purpose Statement: *“Braemar is a distinctively Christian organisation that is a community ministry of the Presbyterian Church in WA to elderly and vulnerable people in Western Australia. Christ’s love compels us to serve.”*



Event in Focus

On the 31st of this month our facility will be having a Wild West Theme Day.

Residents will be able to immerse themselves in a day of Wild West fun.

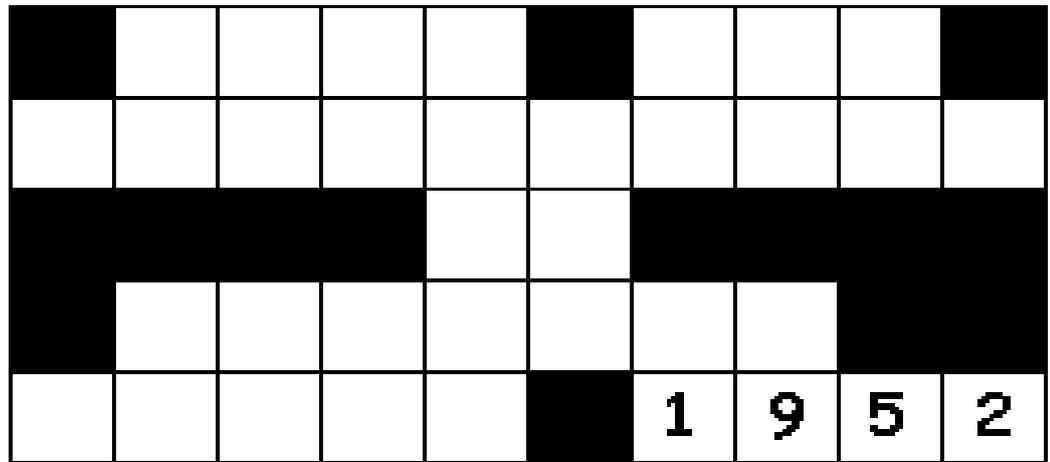
The day will start with a themed lunch and then an afternoon of Wild West themed entertainment and games.

Everyone is welcome to join in the fun!

Puzzle:

Use the letters (below right) to unscramble the 'secret' phrase and write it in the boxes →

Hint: It has something to do with Braemar!



R A E C N A D

R F E I D N P I S H

T A R B E A R M A

S E C N I 1 9 5 2

Your planner – use the space below to write notes and plan your day:

Team Profile

Kirsten Alpers – Therapy Assistant

Kirsten started as a volunteer for Braemar Coinda in 2016.

Kirsten started volunteering because she lived in the area and loved the sense of community. You may have seen her around assisting with activities and running the library trolley, where we borrow books from the library each month.

Recently at the end of September Kirsten has started working part-time as a therapy assistant and is enjoying her new role.

When not at Braemar, Kirsten enjoys riding horses on the weekend up in the hills. She also loves walking her dog Scotty an adorable cattle dog.

Some residents at Coinda will be happy to know that even outside of work she sticks to her library theme and enjoys reading books of all genres.



From Chaplain Paul: What A Friend

Greater love has no one than this, than to lay down one's life for his friends. John 15:13

One of the most popular hymns enjoyed by many of our residents is "What a Friend we have in Jesus. All our sins and griefs to bear." This hymn was not written in isolation, nor just mere words but based on tragic realities.

The Author Joseph Scrivens (1819-1886) experienced much grief in his life. He was estranged from his family and his fiancée accidentally drowned the night before their scheduled wedding.

We might be reminded that most of our residents at Braemar are widows or widowers but not only have lost loved ones but lost much, in the process of coming to us, such as pets and properties.

It may be also that you are suffering some form of grief and loss at this time. Take solace in the words of our greatest Friend Jesus.

28 Come to Me, all you who labour and are heavy laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. Matthew 11:28-29