

## Discover

This year Melbourne cup is on Tuesday the 6th of November and to celebrate will be having a morning tea and a themed lunch.

This year for Melbourne Cup residents will be able to participate in our very own Cooinda cup.

We have been busy making our horses and will have prizes ready for the winners. We hope you come fascinators at the ready and help come up with some creative names for your winning stallion.

A morning tea and the race will be held on level 1 in the Activity Lounge.



## What's on at Braemar Cooinda

Day	Date	Time:	Location:	Activity
Friday	2nd	2:00 - 3:00	SCU	Afternoon Entertainment with Cedric.
Tuesday	6th	10:30 – 11:30	Level 1 – Activity Lounge	Melbourne Cup morning tea – join us for morning tea and new horse racing game.
Tuesday	6th	9:30 – 12:00	Phoenix Shopping Centre	Bus trip – This months but trip will be to phoenix shopping centre where residents can enjoy morning tea at a café or wonder around the shopping centre getting their Christmas shopping done.
Wednesday	21st	1:00 – 2:00	Level 1 – Activity Lounge	The children from St Jude's Catholic Primary School will be here to sing Christmas carols.
Thursday	29th	2:00 – 3:00	Level 2 Multipurpose Room	Residents and relatives meeting.
Friday	30th	2:00 – 3:00	Level 1 – Activity Lounge	Happy Hour – Join us for happy hour with music from Don Gibson.
Friday	30th	2:00 – 3:00	SCU	Afternoon Entertainment with Cedric.

# Resident Focus

## Resident Profile – Malcolm Pryce.

Malcolm Pryce was born in 1930 in Narrogin, Western Australia and went to the Narrogin State School until 1942 when he got a scholarship and chose to attend the high school in Albany. Malcolm went to school there until 1947 when he wrote a poem titled “The Storm”. He 17 years old and states that the poem came to him in a matter of hours. When asked about the poem Malcolm recalls always thinking “where did I get these words? Holocaust? Atone? Where does a 17 year old get these words from?”

### **The Storm**

*The coming storm has turned my scene to grey.  
Dark creeping clouds the firmament have filled.  
The air seems charged with what is soon to break  
Portent of nature, as I gazed, I thrilled,  
Just when it seems the silence reigns supreme.  
Above I hear a sea gull's harsh complaint  
Upon the harbour mirrored I can see  
The idle yachts that need no anchor's 'straint.  
A restless world awaits a greater storm,  
The atoms secret gained at man's own cost  
A nemesis, its grisly work performs  
And turns creation to a holocaust.  
No country's creeds or councils can atone!  
My worlds can yet be saved by love alone.*



Since writing this poem Malcolm has achieved many things, after finishing high school Malcolm went to The university of western Australia and studied geology and once he completed his degree he went to work in Kalgoorlie on the gold mine. It was there that he went to the nurse's hall for a dance. During that evening one of the nurses performed a small excerpt of a ballet performance, that night Malcolm fell in love. Fran and Malcolm left Kalgoorlie together, they married on the 22nd of June in 1954, and had many happy years together.



# October in Focus

This month we have had our Wild West theme day.

Residents enjoyed a themed lunch provided by the kitchen and in the afternoon we celebrated with 'Phil 'n Bob's knees up sing-a-long' where residents sang along to a variety of country music.

Phil and Bob got very into the theme too, dressing up and interacting with the crowd.



## Save the date: Cooinda Christmas Party

- Level 1 is the 13th of December 2:15 – 4:00
- Level 2 is the 7th of December at 2:15 – 4:00

Food, drinks and entertainment is provided.

Please RSVP at reception by 3rd December.

Please understand that we will only have space for a max. of 2 guests per resident.



# Team Profile

## Kristy Ryan – General Manager

Kristy graduated from Murdoch University in 2005 with a Bachelor of Professional Accounting before taking a role in Audit at Grant Thornton the following year.

Kristy became a Chartered Accountant in 2009, joining Braemar in 2015 as Financial Controller, a position she held until 2017 when she was promoted to the newly created role of General Manager Finance and Administration.

Kristy brings commercial experience from Energy, Oil and Gas, Logistics and Audit to the Braemar senior leadership team. Born in Southampton she grew up in Western Australia and has an interest in basketball, boating, RMS. Titanic and the Fremantle Dockers.



## From Chaplain Paul: Jesus is the Reason for the Season

*He Came unto His own and His own did not receive Him.... John 1:11*

You might well ask me why you are drawing attention to the Saviour's Birth in November. Surely you have to wait till December before you celebrate His birth? Well I might ask the supermarkets and stores the same question, which even in October were well stocked with mince pies, Christmas cakes, puddings and a million and one advertisements telling us what presents are suitable for our families and friends. However let's not be naïve for we know this continued commercialisation is absolutely nothing to do with the birth of the Messiah, the Lord Jesus.

His birth in a feeding trough and the murderous intents of King Herod point to an early demonstration of His rejection. From the Cradle to the Cross this continued for the One who was described as a "Suffering Servant"

However the verse continues: "to those who received Him He gave them the right to become children of God" (John 1:12)

To those who look beyond all the gloss and tinsel of this season and have gladly received the greatest of gifts, they rejoice in the forgiveness and mercy found in the Crucified and Risen Christ. I pray that this will be your experience also this Christmas and you will make Him the Reason for the Season.