

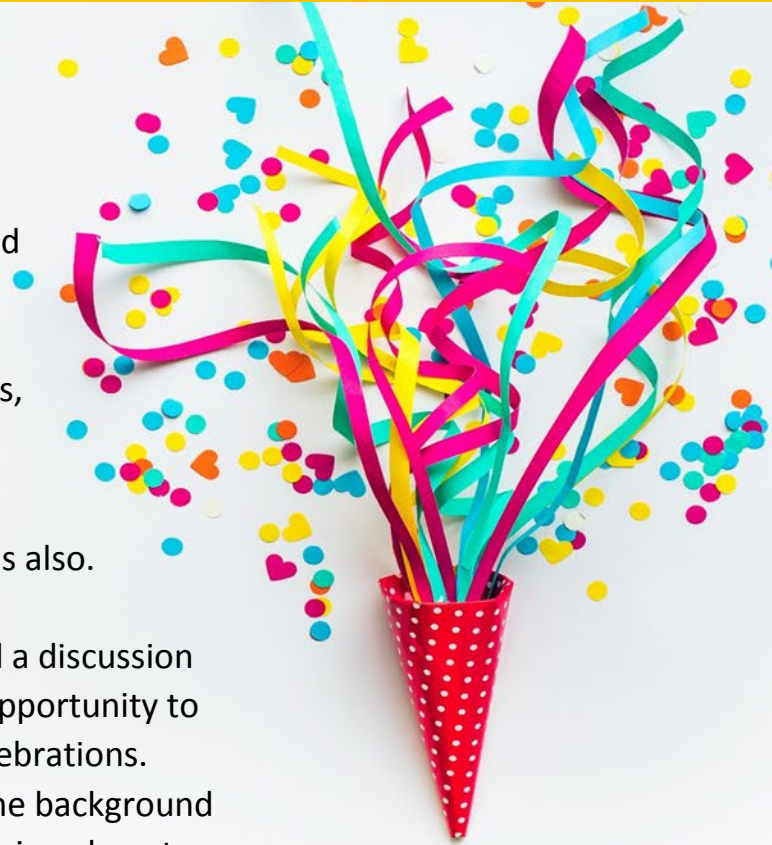
Discover

Last month we celebrated Australia Day.

To celebrate, we held an Aussie Day BBQ and combined it with Happy Hour. Residents were treated to a lovely selection of foods, which included sausages, chops, fried onions, salads and of course, a pavlova for dessert.

Residents enjoyed a selection of beverages, such as beer, wine and non-alcoholic options also.

After the BBQ lunch, residents then enjoyed a discussion about Australia Day, which gave them the opportunity to reminisce about their past Australia Day celebrations. There were classic Aussie songs playing in the background which residents enjoyed listening to and singing along to.



What's on at Braemar House?

Day	Date	Time:	Location:	Activity Name and a brief description:
Wednesday	13 th	2.30 - 3.30 pm	Windsor Dining and Courtyard	Happy Hour - Cheese & Wine
Thursday	14 th	2.30 - 3.30pm	Livingston Room	Valentine's Day Afternoon Tea Celebration
Friday	15 th	2.30 - 3.30pm	Livingston Room	Santos and Family Concert Performance
Monday	18 th	2.30 - 3.30 pm	Lee House	Gospel Hour
Wednesday	20 th	10.30 - 11.30pm	Livingston Room	Residents and Relatives Meeting
Wednesday	20 th	1.30 - 4.40 pm	External Trip	Bus Trip
Wednesday	27 th	2.30 - 3.30 pm	Livingston Room	Residents Birthday Celebration
Monday	18 th	2.30 - 3.30 pm	Lee House	Gospel Hour

Your Call Reminder

Your Call is an independent third party reporting service. It can be used to receive your concerns 24/7 and any feedback can be anonymous. We have chosen Your Call to allow all staff, residents, family members and friends to contribute to the integrity and transparency of our services.

To utilise the Your Call service, please visit www.yourcall.com.au/report or call 1300 790 228 remembering the service ID is "Braemar".



Lost and Found

Living in a community, one is bound to misplace their personal effects from time to time. Items commonly lost include: Reading glasses, hearing aids, dentures, clothing items, jewellery, sunglasses.

Braemar House has set aside a lost property linen rack (situated on ground floor outside lifts/ before the Lee House entrance). We also have a lost property box in the facility located at Reception. Residents, their representatives, visitors and staff are welcome to search for any lost property items held in either of these places. Please speak to Reception.

Meal Time Reminder

A friendly reminder of the start times for meals at Braemar House:

- **Breakfast:** 8am
- **Morning Tea:** 10am
- **Lunch:** 12noon
- **Afternoon Tea:** 2pm
- **Dinner:** 5pm

Coming up and happy memories...

For the month of **February** residents will have the opportunity to enjoy a **Happy Hour**. Residents will enjoy an assortment of cheeses along with alcoholic and non-alcoholic drink options whilst enjoying the lovely summer weather outdoors and each other's company.

Valentine's Day is on the way, so to celebrate that we will be having an afternoon tea on the 14th. Residents will enjoy a selection of finger foods with their afternoon tea or coffee. We will discuss Valentine's Day and the history of it and a quiz on famous couples throughout history during the activity.

We will also have our **Volunteer Singing Group**, Santos and Family, visit on 15th February. Residents thoroughly look forward to their visits and singing along with them.



Above and Right:

Residents enjoys the Australia Day BBQ Lunch



Team Focus: Our Committee

Avril Eady-Rivers

Avril has been a member of the Braemar committee since February 2013 and a member of the Governance subcommittee since 2015. She has a strong desire to see Braemar advance and be a leader in the future of the rapidly changing aged care environment. Avril was fortunate to be involved in the committee during the planning and completion of Braemar Cooida.

Avril migrated to Perth from County Cork, Ireland in 1990 and has always been in the Melville area for work. She currently works full time for a local not for profit. Through Avril's work, she has gained the experience and knowledge of the challenges in the current Aged Care and Community sector. Avril has trained and qualified in Business, Management, Aged Care, Occupational Health and Safety and has completed the TAE to teach these subjects.

Avril is a Deacon at Fremantle Presbyterian Church and currently serves on the church Board of Property and Finance. She is regularly involved in and volunteers for projects to assist those in need in our community. Avril loves travelling, animals, home baking, collecting penguin related items and spending time with her husband and friends.



Rosemary Kent

Rosemary has dedicated her professional career to the Public Health Sector. As a nurse and later a social worker Rosemary developed a high level of analytical assessment skill to provide sound planning and assist in resolving complex social challenges.

An aged care assessor for over twenty years, Rosemary brings a strong understanding of the industry to the Braemar committee.

Rosemary is a member of the Presbyterian Church. As well as being an energetic and enthusiastic advocate of Braemar, Rosemary has a passion to contribute to the organisation and provide quality service to those in the community that Braemar cares for.



Laurie Kruize

Laurie is a registered builder in WA and an Elder in the Presbyterian Church, as well as being a Member of the Building Services Committee at the Building Commission of WA.

Laurie has been past-President of Housing Industry Association (WA), is a life member of the Housing Industry Association (National) and past-President of Rehoboth Christian College; as well as having previously been a Board Member of West Coast Governing Council.

He is married to Alie with four married daughters and 15 grandchildren.



Please note: while every care is taken to ensure activities continue as scheduled in this newsletter, due to circumstances beyond our control they may be subject to change. If in doubt, please ask your care staff or site manager. Accredited to 6 November 2021.