

## Discover...

### Exciting Events at Cooinda!

From 9.00 am to 12 pm Residents and staff are invited to join in the Level 1 and Level 2 Special Big Easter egg Hunt competition on 18<sup>th</sup> April (Thursday morning).

We will celebrate who gets the most number of eggs, with a great prize.

Also we have Easter High Tea Celebration at 2 pm with Jim & Jenny's country music.



Day	Date	Time:	Location:	Activity
Tuesday	2 <sup>nd</sup>	9.30 to 12.00	Phoenix Shopping Centre	Join us for the shopping trip and nice morning tea in phoenix shopping centre
Friday	5 <sup>th</sup>	2.30 to 3.30	Level 1 Activity Lounge	Birthday celebrations with Terry
Friday	12 <sup>th</sup>	2.00 to 3.00	Level 2 Activity Lounge	Easter wall art craft
Thursday	18 <sup>th</sup>	9.00 to 12.00	Level 2	Easter Egg Hunt Competition
Thursday	18 <sup>th</sup>	2.00 to 3.00	Level 2 Activity Lounge	Easter high Tea with Jim & Jenny's country
Monday	22 <sup>nd</sup>	1.30 to 3.00	Level 2. Multipurpose	Easter Monday, Movie with Ron
Wednesday	24 <sup>th</sup>	2.00 to 3.00	Level 1 Activity Lounge	Anzac Day service, also an afternoon Tea served after the service
Friday	26 <sup>th</sup>	2.00 to 3.00	Level 1 Activity Lounge	Happy Hour with Don Gibson
Tuesday	30 <sup>th</sup>	10.00 to 11.00	Level 1 Activity Lounge	Bunnings visit – Mosaics.
Tuesday	30 <sup>th</sup>	2.00 to 3.00	Level 2 Multipurpose	Residents and Relatives Meeting

## Latest News from Braemar Cooinda:

In celebration of World Wildlife Day, Braemar Aged Care held a petting zoo activity for the residents of Cooinda.

West Oz Wildlife, a mobile petting zoo of native Australian animals, brought the animals in to help the residents experience some incredible bonds and have a very enjoyable experience.

Residents had a chance to nurse, cuddle and feed the animals, while West Oz Wildlife took the time to explain about the animals in a way everyone could easily understand.

Residents thoroughly enjoyed the event and one of the resident commented “Wonderful, the animals were very friendly and well trained. It was a perfect day and we couldn’t have enjoyed it more.”

The petting zoo event was a massive success for residents and staff who attended. Thank you to each person who helped make this day possible for our residents.

## Customer Feedback Forms Reminder

We are committed to continually improving our services. Your feedback is one of several ways we collect information to enable us to identify areas that require our attention and prioritise our actions.

Remember you and your family can provide us with feedback at any time by completing one of the customer feedback forms found at your facility.

Once you have completed this form please place it in the locked suggestion box within the facility. If you require assistance, a staff member will be happy to assist you.



**Meal Time Reminder.** A general reminder of times for morning tea and afternoon tea – these times are subject to change according to scheduled activities, necessary adjustments and for programing purposes and resident needs.

- Breakfast: 8am
- Morning Tea: 10am
- Lunch: 12 noon
- Afternoon Tea: 2.30pm – 3pm
- Dinner: 5pm

# Cooinda in Focus

Last month on the 7<sup>th</sup> of March we celebrated the World Wildlife Day.

To do this we hosted a *Welcome To The Jungle* themed afternoon tea party, and also organised a Petting Zoo visit to our facility from West OZ wildlife. It was a great success!!

March saw us host a Birthday celebration. Here residents enjoyed a concert with drinks and birthday cake.

To round off the month, Bunnings came to visit our facility and pass on their best tips and tricks, while the residents enjoyed expressing their creative skills with some rock painting.

Below are some images of the Petting Zoo visit:



## Coffee Van Reminder:

Cooinda is having regular weekday visits from Rawsters Coffee at around 11:40 until approx. 12pm. The coffee van will park in the carpark near the main reception at these times.

# Team Focus – Meet Petra

Petra is originally from the Netherlands where she grew up with two older sisters. She met and married her husband John in the Netherlands and they decided to come to Australia with their three young boys.

Petra's sister lived in Adelaide but she said they should settle somewhere else. They knew someone in Perth who was happy here so Petra and John decided to settle in Perth. Their friend said they could stay in his caravan in Scarborough, which they did when they arrived in 1950.

The boat to Perth had taken one month and their youngest son had his first birthday on the boat. Petra said "Everyone was so helpful, we had a ball".

John could not get work as an air conditioning engineer but found a job as a carpenter. The family moved to a new house in Hilton and three more boys were born here.

Petra enjoyed playing tennis and golf and ride her bike around this area. For relaxation she did knitting, crochet and embroidery. She is still knitting and enjoying time with her family and friends.



Above: Welcome to the Jungle Tea!

*Please note: while every care is taken to ensure activities continue as scheduled in this newsletter, due to circumstances beyond our control they may be subject to change. If in doubt, please ask your care staff or site manager. Coinda is accredited to April 2020.*