

## Discover

We are pleased to announce that Lyn Cattell is Braemar House's new Facility Manager.

Lyn's first day with us is 5<sup>th</sup> March 2019.

Please feel free to reach out to her in the common areas or formally meet her at the Residents and Relatives Meeting.

Lyn joined Braemar in 2016 as Facility Manager at Braemar Village. [Continued Overleaf ➔]



## What's on at Braemar House?

Day	Date	Time:	Location:	Activity Name and a brief description:
Monday	1 <sup>st</sup>	2.30 – 3.30pm	Livingston Room	April Fool's Day Happy Hour.
Monday	8 <sup>th</sup>	2.30 – 3.30pm	Lee House	Gospel Hour.
Friday	12 <sup>th</sup>	2.30 – 3.30pm	Livingston Room	Santos and Family Concert Performance.
Monday	15 <sup>th</sup>	2.30 – 3.30pm	Lee House's Garden	Darryn's Music Session.
Wednesday	17 <sup>th</sup>	10.30 – 11.30am	Livingston Room	Residents and Relatives Meeting.
Wednesday	17 <sup>th</sup>	1.30 – 4.00pm	External Trip	Bus Trip – Bibra Lake Reserve.
Thursday	18 <sup>th</sup>	2.30 – 3.30pm	Livingston Room	Easter Tea Party.
Tuesday	23 <sup>rd</sup>	2.30 – 3.30pm	Livingston Room	ANZAC Service.
Wednesday	24 <sup>th</sup>	2.30 – 3.30pm	Livingston Room	Residents Birthday Celebration.
Friday	26 <sup>th</sup>	2.30 – 3.30pm	Livingston Room	Making ANZAC Cookies.
Monday	29 <sup>th</sup>	2.30 – 3.30pm	Lee House	Gospel Hour.

# Your Call Reminder

Your Call is an independent third party reporting service. It can be used to receive your concerns 24/7 and any feedback can be anonymous. We have chosen Your Call to allow all staff, residents, family members and friends to contribute to the integrity and transparency of our services.

To utilise the Your Call service, please visit [www.yourcall.com.au/report](http://www.yourcall.com.au/report) or call 1300 790 228 remembering the service ID is "Braemar".



## Welcome Lyn Cattell (from page 1)...

Lyn has many years of experience in residential aged care; holding a number of senior management roles across WA residential aged care providers.

Lyn originally trained in England as a registered mental health nurse before migrating to WA and undertaking a Bachelor of Applied Science in Nursing, graduating in the top 15% of students at Curtin University.

Lyn developed a passion for aged care undertaking a number of clinical courses and roles including continence nurse consultant, dementia, palliative, wound care and management and leadership.

## Meal Time Reminder

A friendly reminder of the start times for meals at Braemar House:

- **Breakfast:** 8am
- **Morning Tea:** 10am
- **Lunch:** 12noon
- **Afternoon Tea:** 2pm
- **Dinner:** 5pm

# Coming up and happy memories...

April Fool's Day is coming up, residents will be having April Fool's day happy Hour and watching funniest animal videos.

Easter is the biggest and oldest of Christian festivals. We will be having an Easter Tea Party and doing Easter Arts and Crafts in celebration of this great day.

Residents will enjoy a music session with Darryn on the 15<sup>th</sup> of April.

Darryn will sing and play modern and classic songs with an acoustic guitar.

*ANZAC Day* is one of Australia's most important national commemorative occasions.

The ANZAC Service will be held on the 23<sup>rd</sup> of April in Livingston Room. Moreover, residents will be making ANZAC cookies on the 26<sup>th</sup> of April.

Volunteer Singing Group, Santos and Family, will visit on the 12<sup>th</sup> of April. Residents thoroughly look forward to their visits and singing along with them.



**Above:** Residents made green hats and little leprechauns.

# Latest News...

We had a Women Wine Time for celebrating International Women's Day.

Residents enjoyed light foods and snack along with wine and non-alcoholic drink options.

We discussed the world's most powerful women and shared what they were most proud of, which made residents to reminisce about the good times when they were young.

On 18<sup>th</sup> March we celebrated St. Patrick Day.

To celebrate, we held a St. Patrick Day Happy Hour in Livingston Room and each attendees dressed up and wore shamrocks, green clothing or green accessories with the dress code.

Some residents brought their green hat and little leprechauns that they made in the arts and crafts session.

Residents had a great afternoon filling the laughter. They enjoyed a discussion about St. Patrick Day and participated in a themed game – Race To The Gold.

They had a lot of fun and got a lot of chocolate gold coins in the game.

We had a bus trip to Lions Lookout at Lesmurdie on 20<sup>th</sup> March.

Residents overlooked the city view from the Perth Hills and enjoyed afternoon tea in a natural environment.



**Above:** Resident had a discussion in the Women Wine Time.