

## Discover...

A roaring good time! In March we got to celebrate our Jungle Theme Day by having a delicious lunch in the Activity Lounge served by Cater Care who did a wonderful job with the food and also their hospitality. We had our Chef, Mark dress up as a gorilla and surprised all the residents who had a good laugh and enjoyed themselves thoroughly. The activity Lounge was decorated with the themed decorations and the Activity staff received a lot of compliments from staff and residents alike.

## What's On...

Day	Date	Time:	Location:	Activity:
Monday	1ST	9 am - Midday		Monthly Bus Trip.
Tuesday	2ND	Midday	Activity Lounge	Mixed Social Lunch.
Thursday	4TH	1:30	Activity Lounge	Singalong with Cedric.
Monday	8TH	1:30	Activity Lounge	Happy Hour and Entertainment by Paul Robinson.
Tuesday	9TH	1:30	Activity Lounge	Resident's and Relatives Meeting.
Monday	15TH	1:30	Activity Lounge	Happy Hour and Entertainment by Bob Primmer.
Tuesday	16TH	Midday	Activity Lounge	Ladies Social Lunch.
Thursday	18TH	1:30	Activity Lounge	Easter Afternoon Tea.
Friday	19TH	All Day	All Locations	Good Friday.
Monday	22ND	All Day	All Locations	Easter Monday.
Tuesday	23RD	Midday	Activity Lounge	Men's Social Lunch.
Wednesday	24TH	11:00	Activity Lounge	ANZAC Day Service with Paul.
Thursday	25TH	All Day	All Locations	ANZAC Day Public Holiday.
Monday	29TH	1:30	Activity Lounge	Resident Birthday Party Celebrations with Entertainment by Adam Penn.

# Customer Feedback Forms Reminder

We are committed to continually improving our services.

Your feedback is one of several ways we collect information to enable us to identify areas that require our attention and prioritise our actions.

Remember you and your family can provide us with feedback at any time by completing one of the customer feedback forms found at your facility.

Once you have completed this form please place it in the locked suggestion box within the facility.

If you require assistance, a staff member will be happy to assist you.



## Recent highlights...

For Saint Patricks Day the resident celebrated early with the boys from Scotch College. They had a Saint Patricks themed Bingo and enjoyed green drinks to match the theme. The Scotch Boys came dressed in green, which really entertained the residents, with one of the boys even wearing a green dress!

The boys and the residents enjoyed the afternoon together, and there was lots of laughter and some good jokes as well.

The facility was decorated with green and orange and everyone loved the display at the facilities entrance.

Residents have also been enjoying the day centre visits every fortnight where the children from Birra – Li Day care walk down to come visit the residents. The kids love interacting with the residents and these visits bring smiles to everyone and leaves the residents reminiscing about their families over a cup of tea when the children leave.

On the last Monday of March we had our monthly resident birthday party with many residents and family members joining us for an afternoon of entertainment, drinks and birthday cake!

The event was loved by all who attended, and residents said that they had a good time.



## Coming up...

April will be a busy month for Braemar Village as we make all the necessary preparations for our Easter and ANZAC services.

Our Easter celebration will be an afternoon tea with Cater Care providing us with Easter treats such as hot cross buns and chocolate Easter eggs. Chaplain Paul will be holding both our Easter and ANZAC services with the focus of the Easter service being Christ's Resurrection.

On the 24th of April we will remember those who fought for our nation's freedom with the ANZAC service, we'll also have a bugler to play the last post.

All residents and families are welcome to join us for both our Easter and ANZAC services which will be held in the Activity Lounge.

### Mealtime Reminders

#### Breakfast:

Banksia – 7:30 am

Wattle – 8:10 am

Tea Tree – 7:30 am

Bottle Brush – 8:10 am

Morning Tea: 10 - 10:30 am

#### Lunch:

Banksia – 12:30 pm

Wattle – 11:50 am

Tea Tree – 11:50 am

Bottle Brush – 12:30 pm

Afternoon Tea: 2 – 2:30 pm

#### Dinner:

Banksia – 5:30 pm

Wattle – 4:50 pm

Tea Tree – 4:50 pm

Bottle Brush – 5:30 pm



# Recent Highlights in Pictures...



**Left:** Tables set for Jungle Themed Lunch.

**Right:** Residents enjoy the monthly birthday activities.

## Dementia Care Seminars Extended...

Community demand for free workshops about dementia care has been strong, leading Braemar to add additional complimentary workshops up until November, all of which are open to the wider community.

Whilst workshops scheduled for 26 March and 23 April already have waitlists, further sessions have been scheduled for 25 June, 27 August, 29 October and 26 November, all of which will cover good dementia care, including care planning, communication and responding to a person who lives dementia when their behaviour shows anxiety and distress

Dementia Consultant at Care Partnerships Australia, Michelle Harris-Alsop, who will be heading up the workshops, says dementia impacts on everyone in the community and is the biggest health challenge of the 21<sup>st</sup> century.

“The workshop will focus on the quality of life aspects for people with dementia, including the importance of activities and also practical strategies to support people, their carers and families.

“We would like as many people as possible to benefit from these free workshops and would welcome anyone who would benefit to get in contact with us.”

All workshops will take place at Willagee Community Centre which is located on Archibald Street and Winnacott Street.

To register call Braemar HR on 08 6279 3660 or email Isabella on [ICarcione@braemar.org.au](mailto:ICarcione@braemar.org.au)