

Discover...

In this issue of Cooinda News...

- Mother's Day activity – reflections from May,
- A look back at photos from our exciting May activities,
- Resident Survey,
- Your Month Calendar,
- Latest Cooinda News, and
- Resident focus – meet Lorraine!



Day	Date	Time:	Location:	Activity
Wednesday	7.06.19	2.00 to 3.00	Level 1 – Activity Lounge	Birthday Celebration
Monday	10..6.19	2 to 3	Level 2 – activity Lounge	Enrichment: Cooking with Simi
Friday	14.06.19	2.30 to 3.30	Level 1 – Activity Lounge	Entertainment with Terry
Monday	17.06.19	1.30 to 3.30	Level 2 – Multipurpose room	Movie with Ron
Wednesday	19.06.19	9.30 to 10.30	Level 1 & Level 2	Pet Therapy
Thursday	20.06.19	10.30 to 11.30	Level 2 Activity Lounge	Italian Theme Day and Entertainment with Adam Penn
Friday	21.06.19	2.15 to 3.30	Level 1 Activity Lounge	Create a Memory Board
Tuesday	25.06.19	10.00 to 11.00	Level 1- Activity Lounge	Bunnings Visit – Wood Work
Tuesday	25.06.19	2.30 to 3.30	Level 2 Activity Lounge	Enrichment: Soap Making Activity
Thursday	27.06.19	2.00 to 3.00	Level 2 Multipurpose room	Residents and Relatives Meeting.
Friday	28.06.19	2.00 To 3.00	Level 1 Activity Lounge	Happy Hour

Latest News from Braemar Cooinda:

Braemar Cooinda aged care hosted a Mother's day afternoon tea, dedicating this wonderful day to all mothers. Andrew played some brilliant tunes for the group which the group couldn't help but tap their toes to and sing along with. Also we gave all mothers a lovely presents.

Also our Chef Tash created special treats and make sure our residents feel cared and appreciated.

Cooinda celebrated mother's day with family and friends. Residents shared some lovely treats along with lots of fun and laughter.

Braemar Resident Satisfaction Survey

It is important to Braemar Presbyterian Care that we understand how best we can meet your needs and how well we are providing services to you.

To continually improve our services and to support you to express your individual needs and preferences, we invite you complete the following **satisfaction survey**:

<https://www.surveymonkey.com/r/BraemarCooinda>

IPads will be available at reception from noon on Wednesday 5th for you to use to complete this survey. Alternatively, paper versions are available at reception for you to complete and return.

The survey will take **approximately 5 minutes** to complete and will close at **5pm on Tuesday 18th June**.

Your responses are anonymous, unless you wish to provide your personal details at the end of the survey.

Meal Time Reminder

A general reminder of times for morning tea and afternoon tea – these times are subject to change according to scheduled activities, necessary adjustments and for programing purposes and resident needs.

Breakfast: 8am | Morning Tea: 10am | Lunch: 12 noon

Afternoon Tea: 2.30pm – 3pm | Dinner: 5pm

Cooinda in Pictures - May



Parking Reminder:

Staff are asked to not park in the reserved areas. Visitors are asked to not park in unmarked bays.

Resident Focus – Meet Lorraine

Lorraine's Story is an inspiring one. Lorraine was born on November 1942 in Carlton, Victoria. At the age of 6 Lorraine developed a Rheumatic Fever and the illness caused blood clot to the brain and her to be paralysed on the right side of her body.

The doctor said she wouldn't walk or talk again and on two occasions she was considered to be dying. But death was certainly not on Lorraine's agenda.

At Frankston Children's Hospital in Victoria, after many surgical operations and with the help of a dedicated grandfather, Lorraine learned to talk and use the left side of her body effectively. From the age of 11 she spent 3 years in Melville Rehabilitation Centre, where she spent time undergoing physiotherapy. With skilled treatment and loving care from Dr. George Bedbrook, which resulted in her being able to walk again.

It was at a Hostel in Subiaco when she first met Frank, a very caring and kind man. Of her handicap he said: "you are normal to me." A proposal was not long in coming and not long in being accepted. They married at Melville Baptist Church in 1963.

Lorraine surprise everyone again by the birth of Susan followed later by Kevin. Along with Frank's Child Bill, she had her work cut out, but throughout her married life never needed any outside help. She could literally turn her hand to anything - whether cooking, cleaning, ironing, washing... despite her stiff right arm which she thought of as her anchor.

In later years, Frank needed nursing care. Lorraine did all she could until he had to be admitted in Como Nursing Home. Lorraine regularly visited Frank until he passed away.

Lorraine has been in her chair for over decade now and living in Braemar for last 15 years. She plays bocce, word games and enjoys listening music.

Lorraine thanks the Lord for her motorised chair. Lorraine told staff that "God has given me the strength of two hands and what's more, I can do all the things through Christ who strengthens me."

Lorraine has blessed with 10 grandchildren and 4 great grandchildren. And she remains determined as ever to live life to the full. Praise God!!

