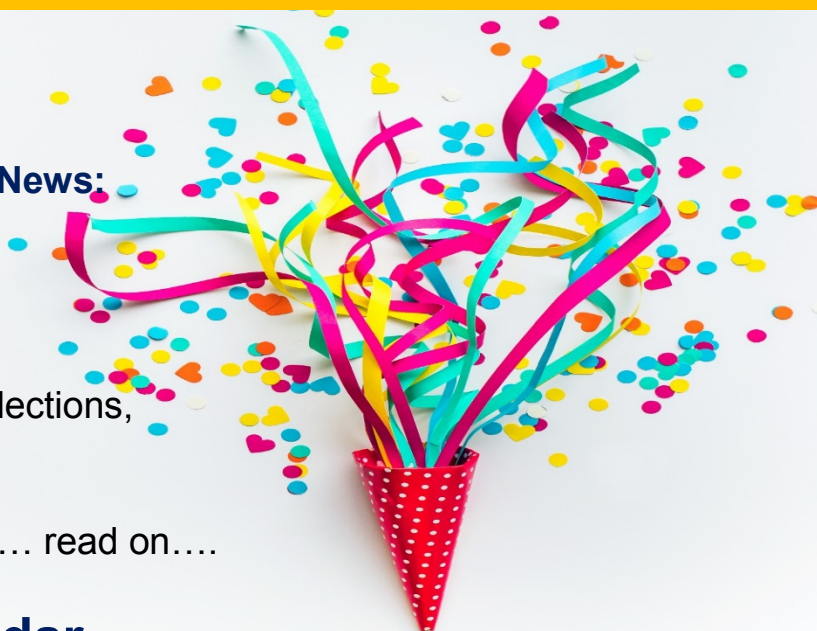


Discover...

In this edition of Braemar House News:

- Your monthly calendar of events,
- Enrichment History Lecture,
- Rural Winter & Wine Event,
- Mother's Day Celebration Reflections,
- Photos from the last month,
- Mealtime reminders, and
- Team Profile – meet Chernan... read on....



Your Enrichment Calendar...

Day	Date	Time:	Location:	Activity:
Monday	10 th	2.30 – 3.30pm	Lee House	Gospel: with Paul
Wednesday	12 th	12pm – 1pm	Dining Area	Enrichment: Cater Care's Theme Event – Rural, Winter & Wine
Wednesday	12 th	2.30 – 3.30pm	Livingston Room	Happy Hour: Tapas and Wine
Thursday	13 th	2.30 – 3.30pm	Livingston Room	Entertainment: Darryn's Music Session
Tuesday	18 th	2.30 – 3.30pm	Livingston Room	Entertainment: Gary Lynn's Swing Music Concert
Wednesday	19 th	10.30 – 11.30am	Gill's Lounge	Meeting: Residents and Relatives Meeting
Wednesday	19 th	1.30 – 4.00pm	External Trip	Bus Trip: Heathcote Reserve
Friday	21 th	2.30 – 3.30pm	Livingston Room	Enrichment: Orient Line: A Photographic History
Monday	24 th	2.30 – 3.30pm	Lee House	Gospel: with Paul
Tuesday	25 th	2.30 – 3.30pm	Livingston Room	Entertainment: Joe's Concert
Wednesday	26 th	2.30 – 3.30pm	Livingston Room	Celebration: Residents' Birthday Celebration

Team Profile - Meet Chernan

Chernan started to work as a carer in Braemar House in December last year.

Chernan born in Mozambique and grew up in a big family. She is a middle child and has four brothers and three sisters. She studied Computer Engineering in her home country. In 2016 she moved to Australia and then completed a traineeship with Health Training Australia.

Chernan loves music and has been playing the clarinet since the age of 10. She has won an award for the Music Band Competition in high school. She also likes swimming and enjoying sunshine on the beach. She loves all cakes but ant cake is her favourite. She is good at baking, including chocolate cake, Madeira cake, yogurt cake and peanut butter cake.

Chernan is a caring and approachable person. She is now working on her two goals. The first goal is to save money for her first car and the second goals is to create her own family.

May Chernan achieves her lifetime goals and wishing her all the best for a bright future.



What's on this June...

Winter begins on the 1st of June and spans June, July and August. On the 12th of June, residents will be having themed **Lunch and Dinner – Rural, Winter & Wine**. We will also host a special “Happy Hour: Tapas and Wine” for the oncoming winter.

On the 18th of June, Perth performer **Gary Lynn will visit Braemar House** to host a concert. He will perform classic songs from famous musicians and musicals across the 30s, 40s and 50s.

On Monday 21st June, **Maritime Historian Chris Frame** will visit Braemar House and present an engaging talk about the Orient Line's long and illustrious history.

Residents will have **Joe's Concert** on the 25th of June. This will be his first visit at Braemar House. Joe is an experienced singer and has done a lot of musical performances to elderly residents. We are looking forward to meeting him.

Residents will also be heading to **Heathcote Reserve Applecross** for the June bus trip, something we are all looking forward to.

Reflecting on May...

May was a month of celebration, with the **Mother's Day Champagne High Tea**, and a **Mother's Day Movie Time**. Residents enjoyed watching a comedy movie "Mrs Doubtfire" whilst enjoying popcorn and ice-cream. They had a relaxed and *laugh-out-loud* afternoon.

National Volunteer Week took place from 20th to 26th May 2019. To celebrate this meaningful day, volunteers and residents had a **Barbecue Lunch** together on the 22nd of May. We appreciate every single one of our volunteers who have contributed their support, help and time to improve the lives of our residents.

On the 20th of May, residents attended **Bob's Singing Concert**. Bob sang many familiar old songs. Residents enjoyed listening to his singing whilst reminisced about the good old days.

We had a **Bus Trip to Point Walter** on the 15th of May. Residents saw Swan River views, watched black swans swimming, got some sun and enjoyed afternoon tea near the river.



Meal Time Reminder

A friendly reminder for residents and family members of the start times for meals at Braemar House:

- **Breakfast:** 8am
- **Morning Tea:** 10am
- **Lunch:** 12noon
- **Afternoon Tea:** 2pm
- **Dinner:** 5pm
-

May Highlights in Pictures...

