

Discover:

In this edition of Braemar News

- Your monthly calendar of events,
- Mobile Dental Reminder,
- Themed Lunch,
- Recent Celebration Reflections,
- Photos from the last month,
- Resident Profile – meet Joy and much more!



Your Activity Calendar:

Day	Date	Time:	Location:	Activity:
Monday	8 th	2.30 – 3.30pm	Lee House	Gospel: With Paul
Tuesday	9 th	9am onwards	Hairdressing Room	Medical: Mobile Oral Dental Screening
Friday	12 th	2.30 – 3.30pm	Livingston Room	Enrichment: Santos and Family Concert Performance
Wednesday	16 th	12pm – 1pm	Dining Area	Mealtime: Cater Care's Theme Event – British Day
Wednesday	16 th	2.30 – 3.30pm	Livingston Room	Enrichment: Darryn's Music Session
Wednesday	17 th	10.30 – 11.30am	Livingston Room	Residents and Relatives Meeting
Wednesday	17 th	1.30 – 4.00pm	Bus Trip to Braemar Village	Sports: Joint Bocce Competition with Braemar Village's Residents
Monday	22 nd	2.30 – 3.30pm	Lee House	Gospel: With Paul
Wednesday	24 th	2.30 – 3.30pm	Livingston Room	Entertainment: Whelan 'n Dealin Rock & Roll
Thursday	25 th	2.30 – 3.30pm	Livingston Room	Celebration: Residents' Birthdays
Tuesday	30 th	2.30 – 3.30pm	Livingston Room	Enrichment: Neil's Singing Concert

Resident Profile - Meet Joy

Joy moved into Braemar House about 18 months ago.

Joy was born and grew up in Cottesloe and was an only child in her family. During her childhood, Joy had a black and white dog called "Cippy". She studied at Cottesloe Girls' School. After graduation, she found a job as a pharmacist in a chemist's shop in Mosman Park.

She retired at the age of 40 and then concentrated on looking after her family.

Joy married Jack, her childhood sweetheart when she was 19 years old. Jack was a flight mechanic in the Royal Australian Air Force. During their fourth year of marriage, she became a mother. Joy had two sons, Graham and Maxwell, four grandchildren, Michael, Miranda, Matthew and Jeremy, and four great grandchildren. She has a close relationship with her daughter-in-law, Christine.

Joy has a strong passion for music, particularly playing the organ.

She played organ for many wedding services and ceremonies, sang in bands and performed music on stage. She also loves gardening and has grown tomatoes, fig trees, herbs and roses.

Joy is an artistic and friendly lady, who likes to have a chat with everyone. She says she is happy at Braemar and appreciates the support and care she gets.



What's on this July?

A reminder that the **Mobile Oral Dental Screening** will be held on the 9th of July.

Enrichment Events: Residents will have a sing-a-long concert with **Santos & Family** on the 12th of July. We are looking forward to enjoying their beautiful singing performance.

On the 16th of July, residents will be having a **British themed lunch and dinner**.

Residents will also enjoy a performance by **Darryn** who will perform **popular songs** from famous British bands and band singers, such as *The Beatles*, *Queen*, *Elton John*, *Eric Clapton* and other favourites.

On the 17th of July, our residents will team up to participate in the **Joint Bocce Competition** in the Activity Lounge at Braemar Village. We will play bocce and have afternoon tea with Braemar Village's residents.

Please note: while every care is taken to ensure activities continue as scheduled in this newsletter, due to circumstances beyond our control they may be subject to change. If in doubt, please ask your care staff or site manager. **Accredited to 6 November 2021.**

Reflecting on June...

On the 14th of June, residents made **chocolate coconut balls**. They crushed the biscuits, stirred the yummy ingredients together and then rolled the mixture into balls. We all loved these delicious little treats and had a lot of fun in the cooking session.

On the 18th of June, residents attended **Gary Lynn's Swing Music Concert**. Gary sang multiple classic songs from famous musicians and musicals across the 30s, 40s and 50s. Residents were enjoying and clapping to follow songs. They had a relaxed afternoon.

On the 25th of June, residents had **Joe's singing concert**. **Joe** was singing and **Jeff** was playing the keyboard. They performed many upbeat and fun songs and created a great atmosphere. Residents liked the beautiful music that they brought in.

Meal Time Reminder

A friendly reminder for residents and family members of the start times for meals at Braemar House:

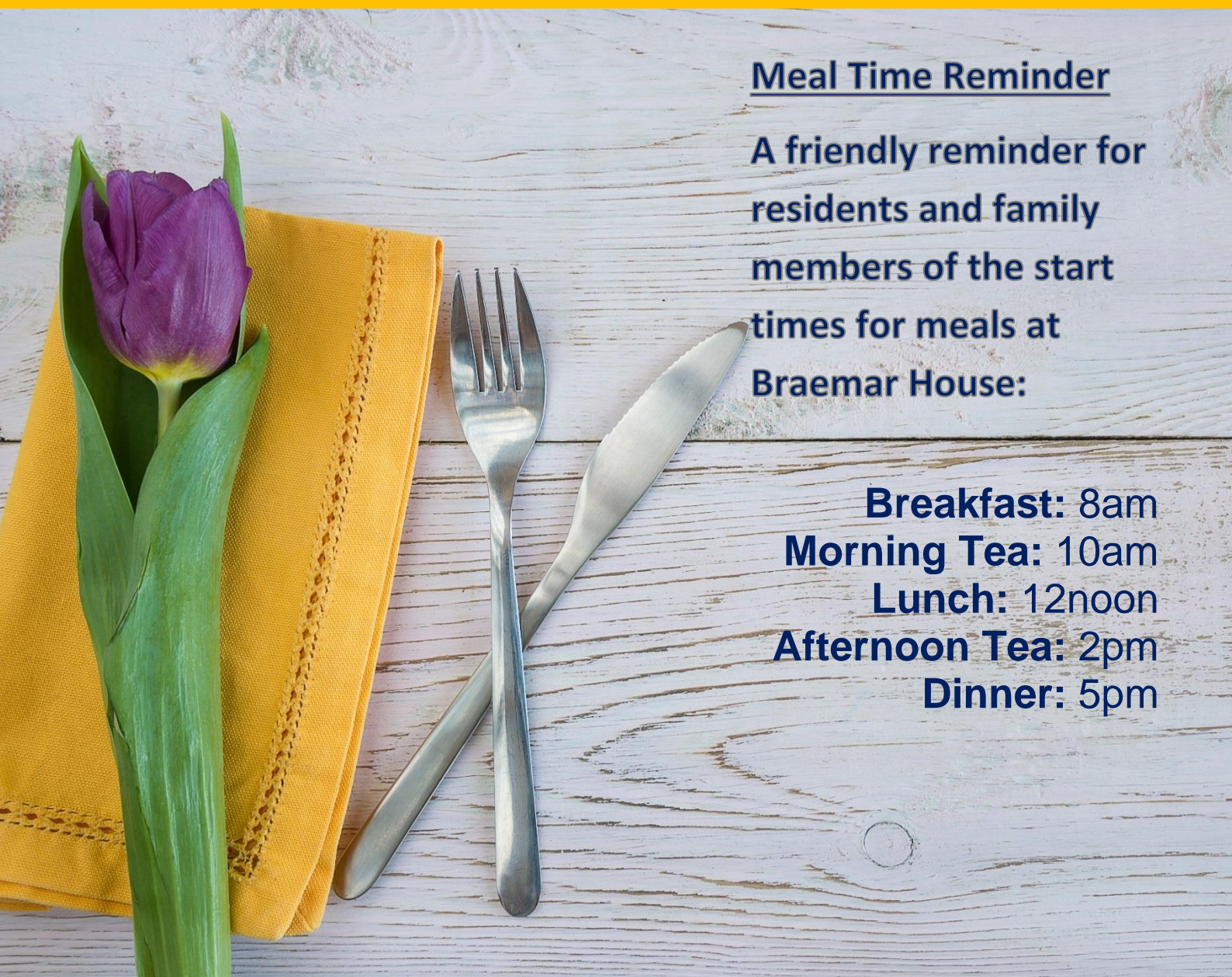
Breakfast: 8am

Morning Tea: 10am

Lunch: 12noon

Afternoon Tea: 2pm

Dinner: 5pm



Recent Highlights in Pictures...



Above: Residents making chocolate coconut balls.



Above Left: Residents had wheelchair dancing in upbeat music.



Above Right: Residents enjoyed in Gary Lynn's Swing Music concert.

A friendly reminder to dear residents:

July is the middle of winter in Australia. The month of July is the coldest in Perth, but simultaneously, it is also the wettest and windy. Please stay warm and well during this cold front.