



Family Invitation

RSVP Essential. For more details contact admin@braemar.org.au

A reminder that this month the residents and relatives meeting is on 29 August from 2pm-3pm in the Level 2 Multipurpose Room.



Braemar
Coinda
Melv

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Braemar
PRESBYTERIAN CARE

Cooinda News

EDITION



Thursday 27th 10am-11am
Bunnings Visit – Pot & Plant
Level 1 Activity Lounge

If you prefer other feedback methods, we continue to welcome paper feedback forms, as well as verbal feedback. Our facility manager is always happy to discuss any questions, comments or suggestions you have.

Cooinda means 'happy place' and we invite you to be involved

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Under The Sea

Celebrating this month at Cooinda

This month’s big event will be the **Under the Sea** theme day. CaterCare and Braemar Cooinda will be hosting an afternoon tea on Thursday the 15th of August for residents to enjoy and celebrate the theme day. Families are welcome to attend.

Privacy Reminder

Due to privacy considerations we regret being unable to publish names of recently deceased residents in these newsletters. However, reflection services are held for each resident. For details, please speak to your Facility Manager.

Key Events to Remember:

- Scenic drive to Hillary’s Boat Harbour;
- Herbal scent tea party;
- Birthday celebrations;
- Bunnings visit – decorating pots and planting;
- Happy Hour with Don Gibson.

Above: Kristy Ryan and Chris Frame from Braemar accept the ACSA Aged Care Award.

Keep in touch...

Follow us on Twitter, Linked In and YouTube @braemarcare

WINTER WONDERLAND

Last month Cooinda residents had the opportunity to attend the Winter Wonderland theme day. Residents enjoyed songs performed by Cedric. Cedric sang many well-known songs which residents could sing along to and many residents stated they had a wonderful and enjoyable afternoon and were able to reminisce on great memories.

We are glad many residents enjoyed the afternoon and hope to make this a regular event. Afternoon tea was provided by the CaterCare chefs and with the live music performed by Cedric was an offer for residents and their families to enjoy.

EMPLOYEE OF THE MONTH

Each month Braemar celebrates the Employee of the Month with one staff member awarded for their outstanding service.

Nominations are made at each facility and acknowledge the Braemar values of:

- Commitment,
- Accountability,
- Respect,
- Empathy and
- Friendship.

To nominate a Braemar Cooinda staff member, ask Reception for a Nomination form.

Have you seen Virtual Tours at braemarcare.com.au These tours allow you to take a walk though each facility. Great to share with family and friends.

Celebrating July



Above: Residents came together on 8 July to enjoy a cheese and wine party.



Above: Bunnings visited in July and helped residents create breakfast trays.

RESIDENT PROFILE

Michelle was born in Sudbury in Northern Canada, her father was Canadian and her mother English. As a geologist Michelle’s father often worked away from home and he was an adventurer, enjoying many outdoor pursuits. Michelle followed in his footsteps and describes herself as “a bit of a scamp”. Michelle’s brother was born on the same date as she was, only two years later.

Outdoor activities Michelle likes include walking in the bush and swimming. She had lots of practice while growing up as her father took the family on camping trips and even brought a big Canadian canoe to Australia and took it out on rivers in WA.

Michelle came to Australia when she was seven. With her family she has been back to Canada for holidays, has travelled in Europe and lived in Saudi Arabia when her father was working there. Michelle went back to Saudi Arabia to work when she was older. She worked in a secretarial job for an American company and remembers attending lots of good parties. Travel is something Michelle would like to do more of and the Vatican is a place she would especially like to visit.

Michelle studied early childhood education and still has close friends she made while at school and university. She often goes out for coffee with her friends but would also like to go with them to the zoo.

She says that she appreciates all her wonderful friends and wouldn’t be as happy without their support. Still adventurous, Michelle makes the most of every opportunity, enjoying art (particularly painting) and music, often getting up to dance at Braemar concerts.

Right: Michelle at the WA Maritime Museum.

