

## DINING OPTIONS

- Breakfast: 8am
- Morning Tea: 10am
- Lunch: 12 noon
- Afternoon Tea: 2pm
- Dinner: 5pm

## MEAL TIMES

Add your notes here:

## IMPORTANT NOTICES

### Ambulance Bay

Visitors are kindly reminded not to park in the ambulance bay located near the main entry of Braemar House.

### Under The Sea

On Tuesday the 20<sup>th</sup> of August, Braemar House will be having an Under the Sea theme day supported by Catercare. Chef Richard will prepare a themed lunch time meal and then in the afternoon therapy staff will run an Under The Sea themed afternoon tea.

With sea themed decorations and sea themed food and drink, all residents are invited to come along for an afternoon of fun. Various other sea themed activities will be happening on the surrounding days.

## REMINDERS AND INVITATIONS

### Family Invitation

Join Braemar Presbyterian Care and Tim Dyer for a free training session designed for carers. Everyone who cares for others with empathy will be impacted by what others share.

Join us on **Thursday, 29 August** or **Friday 30 August**:

- 8.30am for 9am start until 12.30pm.
- 1.30pm for 2pm start until 5pm.

RSVP Essential. For more details contact [admin@braemar.org.au](mailto:admin@braemar.org.au) or call 08 6279 3636 (option 5).

BRAEMAR PRESBYTERIAN CARE

# House News

AUGUST 2019

EDITION



## events at a glance

- Monday 5<sup>th</sup>** – 2:30-3:30 Gospel Hour – Lee House
- Wednesday 7<sup>th</sup>** – 2:30-3:30 Happy Hour – Livingston
- Friday 9<sup>th</sup>** – 2:30-3:30 Santos & Family – Livingston
- Monday 12<sup>th</sup>** – 2:30-3:30 Orient Line Talk – Livingston
- Monday 19<sup>th</sup>** – 2:30-3:30 Gospel Hour – Livingston
- Tuesday 20<sup>th</sup>** – 12:00-1:00 Under The Sea Lunch
- Tuesday 20<sup>th</sup>** – 2:00-3:00 Under The Sea Afternoon Tea
- Wednesday 21<sup>st</sup>** – 1:30-4:00 Bus Trip to Piney Lakes
- Monday 26<sup>th</sup>** – 2:30-3:30 Darryn's Music – Livingston
- Wednesday 28<sup>th</sup>** – 2:30-3:30 Birthday Celebrations

## in this edition

### Braemar Recognised

Braemar Presbyterian Care has been recognised for its commitment to the aged and community care sector after being awarded a high commendation in the Innovation in Service and Design category at this year's Aged and Community Services Australia (ACSA) Aged Care Awards.

West Australians are increasingly utilising digital channels to research aged care options, and our team has worked hard to provide virtual tours at Braemar House, the Village and Coinda, which can all now be visited online, with internet users able to gain a complete 360 degree view of each home.

### Care Page Now Available

We are excited to launch a new feedback service available at Braemar House.

You can submit your feedback electronically using the Care Page electronic terminal found at reception.

This touch screen terminal asks a series of questions so we can ascertain the quality of your experience at Braemar.

If you prefer other feedback methods, we continue to welcome paper feedback forms, as well as verbal feedback. Our facility manager is always happy to discuss any questions, comments or suggestions you have.

## A Photographic History of the Orient Line

Maritime History Speaker Chris Frame will return to Braemar House this month to present a 40 minute talk on the Orient Line.

Join us for this engaging event on Monday 19 August in the Livingston Room.



Braemar House East Fremantle

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DISCLAIMER: While every care is taken to ensure activities continue as scheduled in this newsletter, due to circumstances beyond our control they may be subject to change. If in doubt, please ask your care staff or site manager. **Braemar House is accredited to November 2021.**



Braemar House East Fremantle

Our House is your home and we invite you to be involved

# Under The Sea

Celebrating this month at The House

This month's big event will be the **Under the Sea** theme day. CaterCare and Braemar House will be hosting a lunch and afternoon tea on **Tuesday 20 August** for residents to enjoy and celebrate the theme day.

Families are welcome to attend.

## Privacy Reminder

Due to privacy considerations we regret being unable to publish names of recently deceased residents in these newsletters. However, reflection services are held for each resident. For details, please speak to your Facility Manager.

## LOOKING BACK

Last month, the residents of Braemar House visited the residents of Braemar Village for a joint Bocce competition.

Ten residents from the House hopped on the bus and spent the afternoon at the Village, meeting other residents, versing one another in the Bocce competition and sharing afternoon tea together.

The residents of Braemar House were champions and brought home trophies and chocolates to celebrate.

The residents who attended reported they had a wonderful time and really enjoyed the outing and competition.

## EMPLOYEE OF THE MONTH

Each month Braemar celebrates the Employee of the Month with one staff member awarded for their outstanding service.

Nominations are made at each facility and acknowledge the Braemar values of:

- Commitment;
- Accountability;
- Respect;
- Empathy and
- Friendship.

To nominate a Braemar House staff member, ask Reception for a Nomination form.

## JULY FUN

This July residents got together to celebrate the birthdays of residents who were born in June and July.

Residents spent the afternoon together celebrating in the Livingston Room, enjoying birthday cake prepared by Chef Richard.

Residents and therapy staff enjoyed reminiscing about significant events and fun facts about June and July as well as about past birthdays and birthday celebrations.

**Right:** Kristy Ryan and Chris Frame from Braemar accept the ACSA Aged Care Award.



# Celebrating July



**Above:** Resident Ian at the Braemar Bocce Competition!



**Above:** Braemar House Residents playing Bocce during the competition.

## JULY FUN (Continued)...

Residents were entertained by guest entertainers throughout July who put on wonderful concert performances for the residents. Last month Neil Simpson visited Braemar House as well as Darryn from Darryn's music sessions. Both sessions were enjoyed by all.

On the 31<sup>st</sup> of July, one of Braemar House's volunteer Peter came in to spend some time with the residents for the afternoon. Together they began designing and painting wooden coasters. Many of the residents reported they thoroughly enjoyed this activity and spending time chatting and interacting with Peter.

## COMING UP IN AUGUST

On Wednesday the 7<sup>th</sup> of August residents will have the opportunity to join in on a Happy Hour activity where they can get together to socialise, have a drink, something to eat and listen to and enjoy music.

On Friday the 9<sup>th</sup> of August, Santos and his family will be back to sing and entertain the residents for an hour of fun.

On Wednesday the 21<sup>st</sup> of August, residents will have the opportunity to head out on the monthly bus trip to Piney Lakes in Winthrop. Sign up on the sign-up sheets which will be placed around the facility closer to the date for an afternoon in the sunshine and nature surrounds of Piney Lakes.

On Monday the 26<sup>th</sup> of August, Darryn from Darryn's music sessions will be coming in to put on a concert performance for the residents. Come along to the Livingston Room if you are interested in attending.

## Keep in Touch...

Follow us on Twitter, Linked In and YouTube @braemarcare

Have you seen Virtual Tours at [braemarcare.com.au](http://braemarcare.com.au)  
These tours allow you to take a walk through each facility.  
Great to share with family and friends.