

Robot Buddy

Visiting this month at The House

We have Robot Buddy coming to visit. Robot Buddy is an Australian designed therapy robot for aged care. Robot Buddy encourages engagement and creates a fun activity to stimulate minds and bodies through the use of music and dance.

Privacy Reminder

Due to privacy considerations we regret being unable to publish names of recently deceased residents in these newsletters.

However, reflection services are held for each resident. For details, please speak to your care team.

MUSICAL NOTE

We have a new music entertainer, Paul Davies, coming to perform for the residents with his guitar.

He's had many opportunities to perform in various aged care facilities.

We have our lovely volunteer harpists coming to perform for the residents also – see the front page for details.

GOSPEL HOUR

Paul, our chaplain, will also run Gospel Hour in Lee House.

All residents are encouraged and welcomed to attend.

Keep in Touch...

Follow us on Twitter, Linked In and YouTube @braemarcare

WILDLIFE

We have West Oz Wildlife visiting. Residents will have the opportunity to hold or touch a snake, a lizard, cuddle a joey and pat a koala.

This will be a unique experience for the residents. The lovely staff at West Oz Wildlife will talk to the residents about wildlife conservation through a hands on educational experience.

BUS TRIP

We have a bus trip later in the month. We will be visiting Lake Monger in Wembley. Lake Monger has a rich historical background, which residents will be told about on the bus as we head to Lake Monger.

Prior to European settlement, Lake Monger was an important camping and hunting ground for the Nyungah people, who called it Lake Galup.

NEW GAME

We are introducing a new game to the residents – Bean Bag Twister. We are hoping that it will be just as popular as Bocce!

ORIENT LINE

Last month we enjoyed an engaging lecture from Maritime Historian Chris Frame about the Orient Line. Chris is an international speaker who often talks at Maritime Museums and Cruise Ships so we were excited to share these talks with the residents. We learnt that the Orient Line was established in the age of sailing ships by Thomson, Anderson and Co., and went on to serve Australia in two World Wars. It became a household name and a popular line for travellers coming to Australia.

Resident's enjoyed asking questions and reminiscing about their travels on Ocean Liners, as well as seeing the big ships at the docks in Fremantle.

Have you seen Virtual Tours at braemarcare.com.au
These tours allow you to take a walk through each facility. Great to share with family and friends.

Celebrating at Braemar House



Above: Penny (TA), Jose & Faye, Melinda (TA) & Chewyin at the 'Under the Sea' themed lunch.

UNDER THE SEA FUN

Last month Cater Care hosted a themed lunch on the 20th of September. Residents were served a selection of seafood, including fish, prawns, squid & scallops. Leading up to the lunch, residents had an art and crafts activity and made jelly fish, which are now displayed in the rooms of residents who wanted to participate in making one. The day before the lunch, residents participated in a cooking class where they assisted in making 'Shark Fin Jelly Cups.' The jelly that was used was a blueberry flavour to represent the 'sea' as it was a blue colour, and then once the jelly was set, whipped cream was placed on top to represent the ocean waves. A small laminated shark fin was then gently placed on top of the cream to give the effect of a shark swimming through the waves. These were a hit with the residents. They enjoyed eating them and thought they were very creative. We also had quizzes about the ocean and sea life creatures and reminiscing about times spent near the ocean.

MEET JASON

Jason is a carer at Braemar House. He's been at Braemar for 2 years, but has been working in Aged Care for 20 years. Jason was born in Carnarvon. He's been married for 28 years, has 3 kids and 1 granddaughter. Jason is the OSH Representative for Braemar House. His role is to ensure safety standards are met for staff and residents. He takes this role very seriously as he's always checking that equipment is safe to use.

Outside of work, Jason is a Campaign Warrior for the Our Turn to Care campaign. Being a Campaign Warrior, Jason is spreading the message of the importance for better Aged Care funding which ultimately will result in better care for Aged Care residents. He attends frequent rally's to raise awareness. Jason is always talking about this at work and encouraging other staff members to get on board and join the cause. Jason is a very friendly and caring staff member. He is very person-centre care focused and always has the best interests of the residents in mind when completing care tasks.

Other than being very kind and caring, Jason has a great sense of humour and is very quick and witty. He is always making the residents (and staff) laugh with his Dad jokes. You can tell that this role is more than just a job to Jason. Braemar is very lucky to have Jason part of its team.

