DINING OPTIONS

- Breakfast: 8am
- Morning Tea: 10am
- Lunch: 12 noon
- Afternoon Tea: 2pm
- Dinner: 5pm

MEAL TIMES

Add your notes here:

IMPORTANT NOTICES

Care Page Reminder

Thank you to everyone who has used our new Care Page terminal at The House. You can submit your feedback electronically using the Care Page electronic terminal found at reception near the main entry.

The touch screen terminal asks a series of questions so we can ascertain the quality of your experience at Braemar. If you prefer other feedback methods, we continue to welcome paper feedback forms, as well as verbal feedback.

Our team are always happy to discuss any questions, comments or suggestions you have.

REMINDERS AND INVITATIONS

Employee of the Month

You can now nominate employees for Employee of the Month online!

The employee of the month programme is a great way to acknowledge Braemar staff members.

Each month an employee is selected and awarded with a certificate and a $50 gift card.

To learn more, simply visit: www.braemarcare.com.au/employee-of-the-month/

Online Access

Remember you can check out our newsletter online at www.braemarcare.com.au meaning you can share it easily with friends and family.

Braemar House East Fremantle

Braemar House **9339 9449**
10 Windsor Road East Fremantle WA

Admissions Contact **6279 3655**
PO Box 1115 Willagee WA 6156
info@braemar.org.au

@braemarcare **braemarcare.com.au**

Braemar PRESBYTERIAN CARE

DISCLAIMER: *While every care is taken to ensure activities continue as scheduled in this newsletter, due to circumstances beyond our control they may be subject to change. If in doubt, please ask your care staff or site manager.* ***Braemar House is accredited to November 2021.***

BRAEMAR PRESBYTERIAN CARE

House News

OCTOBER 2019 EDITION

events at a glance

Friday 4th 2:30 – 3:30pm
Lavender Soap Activity

Tuesday 8th 10:30am – 11am
Arts & Crafts – Gill Lounge

Wednesday 9th 2:30-3:30pm
Memory Lane Karaoke
Livingston Room

Wednesday 16th – 1:30-3:30
Bus Trip to Lake Monger Rese

Thursday 17th – 2:30-3:30pm
Loud Shirt Day Afternoon Tea
Livingston Room

Friday 18th – 2:30-3:30
Santos and Family Concert
Livingston Room

Monday 21st – 2:30-3:30
Julie Day - Digeridoo
Livingston Room

Monday 28th – 2:30-3:30
Drryn's Music Session

Braemar House East Fremantle

in this edition

Robot Buddy

This month Robot Buddy was introduced to the residents at Braemar.

The 2 Robot Buddy's provided a 60-minute therapeutic group exercise activity using music and technology.

The residents were very intrigued by the robots and were amazed at the detail and how technology is advancing.

Ambulance Bay

Visitors are kindly reminded not to park in the ambulance bay located near the main entry of Braemar House.

Lyn Cattell our new COO

Braemar Presbyterian Care is delighted to announce the promotion of Lyn Cattell to the newly created position of Chief Operating Officer (COO).

A registered General & Mental Health Nurse by profession, Ms Cattell has held a number of senior management roles in aged care across Western Australia, including Facility Manager at both Braemar Village and Braemar House.

Ms Cattell also graduated in the top 15 per cent of students when she undertook her Bachelor of Applied Science in Nursing at Curtin University.

Our House is your home and we invite you to be involved

Loud Shirts

Theme this month at The House

This month's big event will be Loud Shirt Day! ", on **17th October.** Loud Shirt Day is a great excuse to wear your brightest clothes and get LOUD and PROUD to raise money to help give the gift of sound and speech to deaf children.

We will have a fantastic afternoon tea and our team will present a brief talk about the fundraiser. Families are welcome!

Privacy Reminder

Due to privacy considerations we regret being unable to publish names of recently deceased residents in these newsletters.

However, reflection services are held for each resident. For details, please speak to your care team.

Recent Memories:

We had a birthday party and celebrated residents' birthdays for the Month of September.

Chef Richard made a delicious birthday cake and Therapy staff provided a selection of cheese, crackers, chips and soft drink. The celebration was a success and residents enjoyed the cheese platter.

The winner of the 2019 ALF Footy tipping was Joan Hilton.

A very well deserved winner. She took her Footy Tipping very seriously and was very surprised to have won.

WILDLIFE REFLECTION

On the 11th of September, we had West Oz Wildlife visit Braemar House for the first time. We had Kiera the Koala, Bruiser the Joey, snakes (pythons) & lizards visit Braemar House. The lovely staff of West Oz Wildlife provided a rich and fulfilling educational, hands-on experience. Naturally, the Koala & Joey were very popular, and residents were absolutely in awe of them and couldn't get enough of patting them.

Prior to the visit, staff talked up the snakes and lizards, as a lot of the residents were very hesitant about them. Staff reassured residents that these reptiles are very used to being handled and will be extremely used to being held and touched and residents would not be in any danger whatsoever. It's not the type of animal that you would go out of your way to hold so a lot of reassurance and encouragement was given.

Once the snakes were out for residents to see, they became very curious and could see how docile and placid they were. It was amazing to see some of the residents face their fear of snakes and ask to hold or touch them, even though they were the ones that were initially hesitant.

There were so many comments about how soft and smooth they are and that they weren't slimy like they initially thought they would be. After the experience, they just felt so proud of themselves for holding a snake and realised that they are beautiful creatures and deserve the love and respect just as much as the cuddly koala and joey.

The joey hopped around on the ground and approached residents. He was very cheeky and kept nibbling shoes and laces. Residents enjoyed just watching him hop around them and taking turns to pat him as he approached them.
Livingston Room was full as a lot of residents attended. It was a huge success!

Keep in Touch…

Follow us on Twitter, Linked In and YouTube @braemarcare

Have you seen Virtual Tours at braemarcare.com.au
These tours allow you to take a walk through each facility. Great to share with family and friends.

Celebrating at Braemar House

Left: Joan Hilton – Footy Tipping Winner! **Centre:** Wildlife Fun **Right:** Jose with the robot buddy!

SEPTEMBER MEMORIES

We had a Farewell Afternoon Tea for Paul the Chaplain. Paul came in and ran the Gospel Hour in Lee House and he was surprised afterwards with a farewell party. Cater Care provided delicious scones with jam and cream. The party was in Lee House Garden and residents from upstairs were invited down. It was lovely to have so many of the residents surrounding Paul to wish him farewell. Paul was extremely touched by the support he received. We had a new entertainer visit Braemar, Paul Davies. Paul is a singer and guitarist. Residents enjoyed listening to Paul's style of music. He sung a lot of the Blues.

We had Terry visit and entertained the residents by playing the Harp. Residents are always captivated by the music and become very relaxed during this music session.

RESIDENT PROFILE – MEET LARRY

Larry was born in Fremantle 1929. He attended Beaconsfield Primary School and New Norcia High School. Larry is has been happily married to Peggy for 66 years and together raised 8 children (5 boys and 3 girls) as well as 2 young family members who had an intellectual disabilities. Together they have 20 grandchildren and many great grandchildren.

Larry is a very romantic, thoughtful and complimentary man. According to his wife, she is the complete opposite to Larry and it just shows that opposites do in fact attract!

During Larry's working days, he worked in the Wool Trade as a Shearer and worked his way up the corporate ladder and ended up managing and directing the company.

In between his Wool Trade commitments, Larry's passion and interest was Fine Art. He had an interest for traditional Australian landscape art. His favourite piece is called "Droving into the Light" by Hans Heysen. He ended up becoming a Fine Art dealer as well as managing and directing his Wool Trade Business.