

Activities and Events

Coming up this month at Cooinda

On the 1st of November, Braemar Cooinda will host Don Gibson who is known for his groovy tunes. All residents are welcome to attend this event that will be held on Level 2. Birthday cake will also be provided at this event in celebration of all the residents who had a birthday in the month of October.

Privacy Reminder

Due to privacy considerations we regret being unable to publish names of recently deceased residents in these newsletters.

However, reflection services are held for each resident. For details, please speak to your care staff.

Below: Residents enjoying arts at crafts in preparation for the Melbourne Cup.



Keep in touch...

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MELBOURNE CUP

On the 5th of October our facility will celebrate Melbourne Cup Day. At 10:30 on level 2, residents are welcome to participate in an exciting horserace game. During lunch the race will be played on all televisions for residents to enjoy. Staff and residents are encouraged to dress to the occasion, whether it be an extravagant hat or a colourful bow tie. The theme colours of the day will be purple and gold.

BUS TRIP

On the 8th of November at 9:30AM, our residents will be taking a bus trip to the local Garden City Shopping centre for some Christmas shopping.

JUST JAMMIN

On the 29th of November Our facility will pay another visit from "Just Jammin" for another great, fun-filled Happy hour concert where nibbles and drinks will be provided. Friday 29 November at 2pm.

OCTOBER REFLECTIONS

On the 1st of October our residents took a scenic drive to the beautiful Kings Park. The residents were delighted to see the wild flowers in full bloom.

Tea, Coffee and cake was also provided where the residents took a pit stop with a great view of the city.

On the 15th of October our facility celebrated 'Loud Shirt Day'. Many of the staff members wore their loudest and brightest shirts and even some of the residents joined in.

At 10:30 for morning tea, the facility was paid a visit by some special people who gave a talk on the importance of the message loud shirt day portrays.

Have you seen Virtual Tours at braemarcare.com.au
These tours allow you to take a walk through each facility.
Great to share with family and friends.

Celebrating Cooinda Life



Above: Residents enjoying bus trips and arts at crafts during October.

RESIDENT PROFILE – Meet Elise

I was born in Perth at King Edwards's hospital in 1930.

Both my Mother and Father came from England but then migrated to Perth and married.

I grew up in the Swan Valley as my Father owned a vineyard there. I had two brothers and one sister.

My brothers names were William and George, and my sisters name was Joan. I was the eldest. As we grew old enough we were expected to help my father around the vineyard with picking the grapes off the vines.

For high school I attended Midland Junction. My brothers and sister eventually attended the same school. I thoroughly enjoyed Midland Junction and graduated in 1947, two years after the war had ended.

After high school I got a job at the 'Midland Railway Company'. It was here I worked as a shorthand typist. I stayed in this role for 10 years and enjoyed my time there.

In 1955 at the age of 25, Eric and I married. The ceremony was in Victoria Park, Perth. We were married for 37 years. Sadly at the age of 65, Eric passed away from cancer.

During our marriage we had four children, Joan, George, William and Lenard. After Eric passed, I lived in the same house and eventually moved in the future.

For the past two years I've been living happily in Braemar.

