

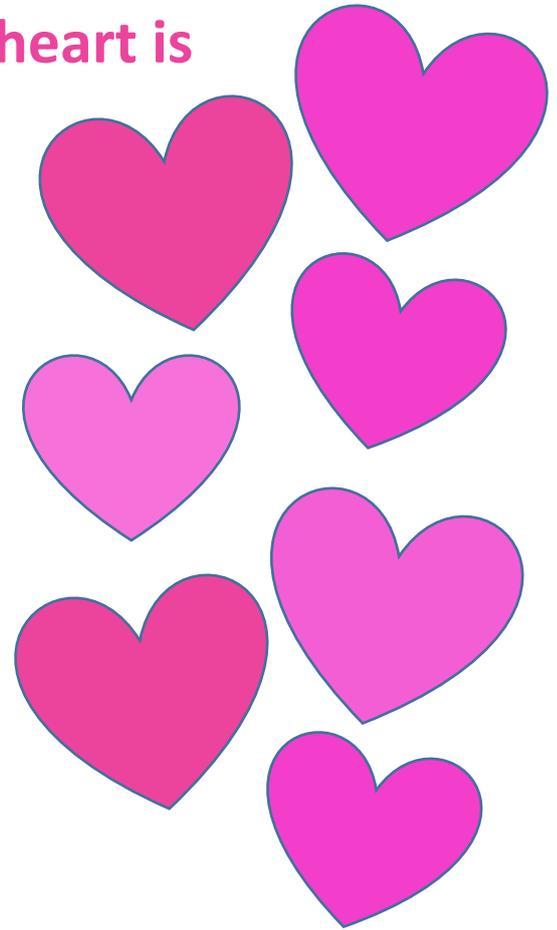
Discover...

Home is where the heart is

On 14 February we celebrated Valentine's Day, with an afternoon tea held in Livingston Room, which was attended by many of our residents and their family members.

Everyone had a wonderful and relaxed afternoon, enjoying coffee and tea served along with a selection of finger sandwiches and cream cheese cookies.

During the event, residents and their family had a discussion about the origins of Valentine's Day and the celebration of other countries, which gave them the opportunity to understand this festival and other cultures. They also reminisced about their past Valentine's Day celebrations and shared their own romantic stories in the group.



What's on at Braemar House?

Day	Date	Time	Location	Activity Details
Wednesday	6 th	2.30 – 3.30pm	Lee House Garden	Women Wine Time
Monday	11 th	2.30 – 3.30pm	Lee House	Gospel Hour
Friday	15 th	2.30 – 3.30pm	Livingston Room	Santos and Family Concert Performance
Monday	18 th	2.30 – 3.30pm	Windsor Dining and Courtyard	St. Patrick Day Happy Hour "Wearing of the Green"
Wednesday	20 th	10.30 – 11.30am	Livingston Room	Residents and Relatives Meeting
Wednesday	20 th	1.30 – 4.30pm	External Trip	Bus Trip – Lions Lookout, Perth hills
Wednesday	27 th	2.30 – 3.30pm	Livingston Room	Residents Birthday Celebration

Your Call Reminder

Your Call is an independent third party reporting service. It can be used to receive your concerns 24/7 and any feedback can be anonymous. We have chosen Your Call to allow all staff, residents, family members and friends to contribute to the integrity and transparency of our services.

To utilise the Your Call service, please visit www.yourcall.com.au/report or call 1300 790 228 remembering the service ID is "Braemar".



Lost and Found Reminder

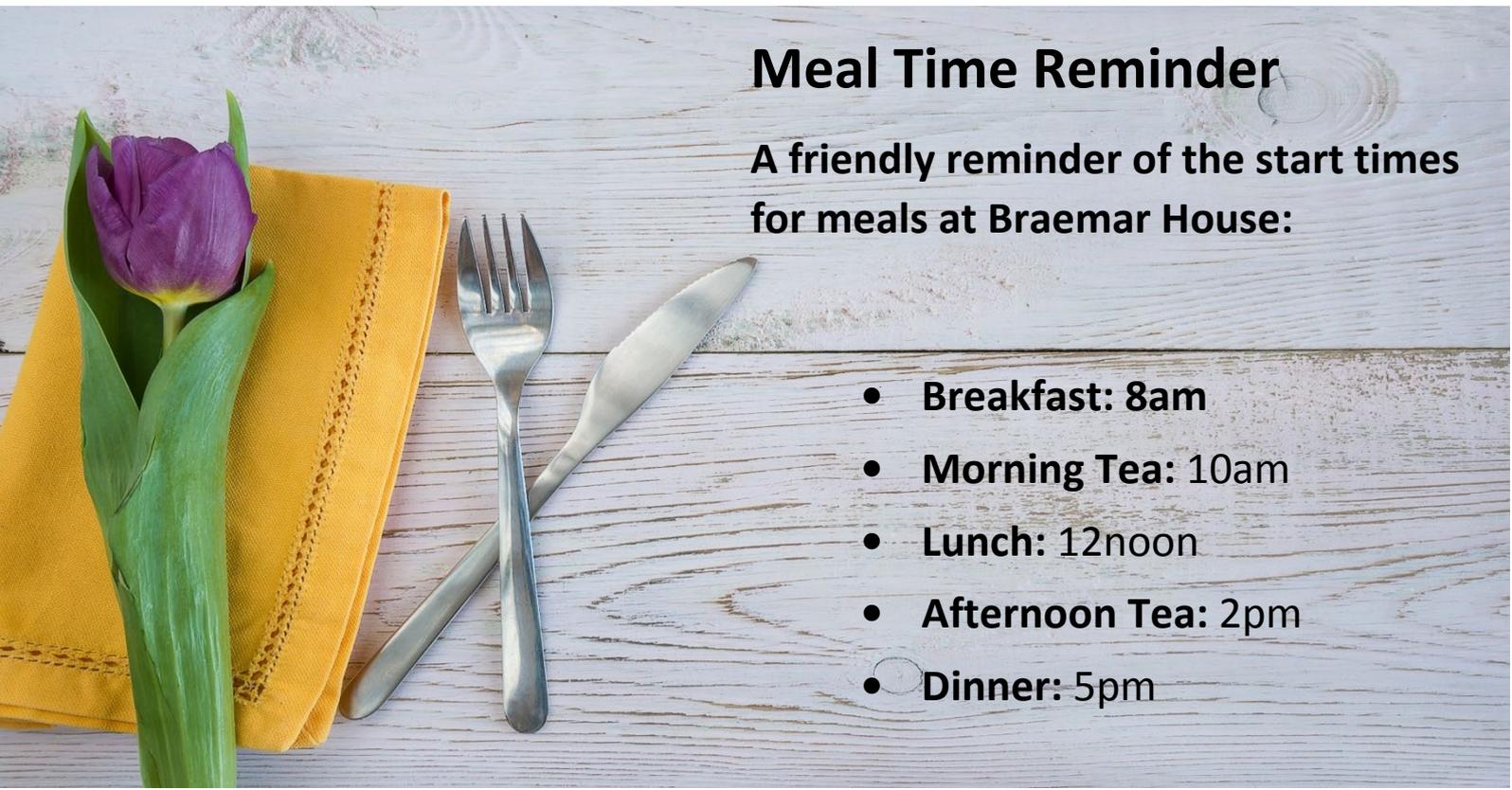
Living in a community, one is bound to misplace their personal effects from time to time. Items commonly lost include: Reading glasses, hearing aids, dentures, clothing items, jewellery, sunglasses.

Braemar house has set aside a lost property linen rack (situated on ground floor outside lifts/ before the Lee house entrance). We also have a lost property box in the facility located at the reception. Residents, their representatives, visitors and staff are welcome to search for any lost property items held in either of these places. Please speak to Reception.

Meal Time Reminder

A friendly reminder of the start times for meals at Braemar House:

- **Breakfast: 8am**
- **Morning Tea: 10am**
- **Lunch: 12noon**
- **Afternoon Tea: 2pm**
- **Dinner: 5pm**



Last Month's Highlights...

In February, apart from our Valentine's Day Afternoon Tea, residents had another wonderful activity – Happy Hour. Our seniors tasted an assortment of cheeses along with alcoholic and non-alcoholic drink options, whilst taking pleasure in the social gathering and the beautiful weather in Windsor Courtyard.

Our seniors also attended a volunteer singing group! Santos and Family visited on 15th February and residents enjoyed a sing-a-long with them.

We also had a bus trip to Scarborough Beach on 20th February. Residents enjoyed seeing and smelling the ocean and also discovering Scarborough Beach's new look.



Please note: while every care is taken to ensure activities continue as scheduled in this newsletter, due to circumstances beyond our control they may be subject to change. If in doubt, please ask your care staff or site manager.
Accredited to 6 November 2021.

Coming up...

International Women's Day is celebrated around the world on the 8th of March. We will be having a Women Wine Time. Residents will enjoy sweets and chocolate along with wine and non-alcoholic drink options whilst enjoying songs from the 50's and 60's. We will also discuss the world's most powerful women 2018 in this activity.

St Patrick Day is coming, so to celebrate that residents will have St. Patrick Day Happy Hour on 18th March. Residents will participate in the "wearing of the green" – sporting an item of green clothing or a shamrock, the Irish national plant, on shirt. We will also discuss St Patrick Day and its history during this activity.

Resident in Focus – Joan Hilton

Joan was born in Fremantle and studied stenographer in a business college, later working as a secretary in a global company – Unilever Australia.

Leslie was a Purchasing Officer, and the two met at work where they had an 18 month romance before getting married when Leslie was 25 years old.

They have 4 daughters – Patricia, Karen, Peta and Erica, and 2 sons together – Gregory and Anthony, and 8 grandchildren – Ryan, Timothy, Tyler, Madison, Caitlin, Jessica, Aden and James.



Today, Joan and Leslie have been married for 63 years. They take care of and love each other very much, and every morning Leslie visits Joan, come rain, hail or shine!

Joan and Leslie shared valuable marriage tips to maintain a long and healthy relationship and a happy family. They said "Sport is very important in our family. We often went on picnics and played sport with our children".

Joan likes doing crosswords during her leisure time with the belief that this activity can help keep her brain young. She is a wise and happy lady who is great conversation!